

# Unit IV Problem-oriented Medical Record

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#### LEARNING OBJECTIVES OF THE TOPING AND THE TOPING AN



#### After studying this topic, students will be able to ....

- ☐ Describe the fundamental idea of a problem-oriented medical record.
- ☐ Identify components on idea of the problem-oriented medical

record.







#### 1. Fundamental idea



2. Components



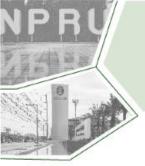
## WHAT IS PROBLEM ORIENTED MEDICAL RECORD (POMR.)?



• The problem-oriented medical record (POMR.) is a way of recording patient's health information in a way that's easy for physicians to read and revise.

POMR. is a comprehensive approach to recording and accessing patient's medical data.

Susan Chapman, 2016
Available from https://www.fortherecordmag.com/archives/0516p24.shtml



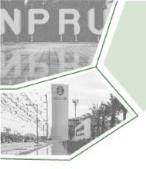


#### FUNDAMENTAL IDEA OF POMR.

- In 1968, the POMR. was developed and introduced by Dr. Lawrence Weed.
- The POMR. gathers information from all members of the patient's care team in order to determine a diagnosis and create a treatment plan.

#### So that

• The POMR. help medical students and practitioners to function in a structured, rigorous way which facilitates their thinking and plan for patient treatment.





#### FUNDAMENTAL IDEA OF POMR.

- A patient who may require multiple treatment methods that must be adjusted over time wanted POMR. documenting on which patients with complex medical issues see more than one physician
- Moreover, the POMR. also helps nurse instructor to understand the student's idea in dealing with an assigned case.

### 2. THE COMPONENTS OF THE POME

#### The basic components of the POMR are:

- 1. Data base PT. history, physical examination and laboratory data
- 2. Problem lists
- 3. Initial plans
- 4. Daily progress notes
- 5. Discharge summary



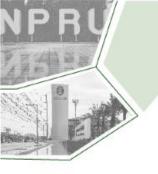


## COMPARISON BETWEEN POMR. AND NURSING PROCESS COMPONENTS



## POMR. components Nursing process components

- 1. Data base 1. Assessment
- 2. Problem lists 2. Analysis / Problem identification
- 3. Initial plan 3. Planning
- 5. Discharge summary 5. Evaluation





#### 1. Data base

#### The database contains:



- •Subjective data: the patient's medical history
- •Objective data: the physical examination & the laboratory test/s





#### 2. Problem lists

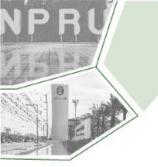
There are 2 types of problem lists :-

1. Obtained from various disorders/abnormalities noted in the initial data base

: from any information which presented in CC., Pl., Past H., Personal H., FM., neighborhood history, and ROS.

; from PE.

; from laboratory test results such as anemia, hematuria, ureteric stone, etc.



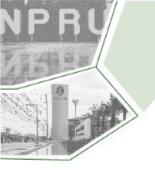


#### 2. Problem lists

There are 2 types of problem lists :-

2. Summarized data or analyzed and summarized as a diagnosis like;

Hypertension,
Tonsillitis, Peptic ulcer,
Pulmonary tuberculosis,
etc.



#### 2. Problem lists

#### Problems are either active or inactive.

- An active problem is anything that requires management or further diagnostic workup.
- An inactive problems are usually prior, resolved medical or surgical illnesses that are still important to remember.







#### Planning the solution using SOAP drawing

S = Subjective data

O = Objective data

A = Assessment/Analysis that includes differential diagnosis

P = Plan

(Plan for diagnosis, treatment, and patient's health education)







#### P = Plan

- 1. Plan for diagnosis such as CBC, UA, Stool exam etc.
- 2. Plan for treatment
  - 1) Specific treatment such as antibiotic, surgery, etc.
- 2) Supportive treatment/Symptomatic treatment such as medicine to relief pain or fever, antitussive, mucolytic etc.
- 3. Plan for patient education



#### 4. Progress note



- Means to record the tracking changes of patients based on the problem using SOAP drawing as in the initial plan.
- Progress note should consist of
  - -changes in symptoms and signs
  - laboratory results
  - the treatment result as planned
  - review of patient assessment / new problems
  - next treatment plan







#### 5. Summary discharge

• The summary discharge should include all active problems by using SOCP drawing.

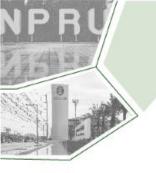
S = Subjective data

O = Objective data

C = Clinical course

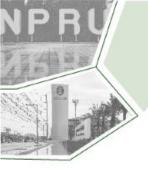
P = Plan

(Plan for diagnosis, treatment, and patient health education)



#### 5. Summary discharge

- The subjective should include a brief review of the course of symptoms.
- The objective should review the course of objective parameters.
- The clinical course should review the course of curing/treatment.
- The plan should include the probable course to follow and define end-points as a guide for further therapy.



#### TOPIC SUMMARY





- POMR. is as a way to standardize the way physicians record and organize the patient information.
- There are 5 components of POMR. These includes :- data base, problem lists, initial plans, daily progress note, and discharge summary.
- The planning for solving patient's problems using SOAP drawing while the summary using SOCP drawing.





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