มหาวิทยาลัยราชภัฏนครปฐม

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申烨



















1573404 Course code:

ศิลปะจิน Course name:

Chinese Art





第三课课程介绍 Introduce for Lesson 3



• Part 1: Text study

In this course, I will make an overview of Chinese Calligraphy for you. It is including definition of Chinese calligraphy, aesthetic characteristics, development history, representative characters, font classification and characteristics, etc. Then I will introduce the details of writing Chinese Calligraphy, such as tools, content, painting methods and skills. Finally, I will teach you how to write Chinese Calligraphy, then you can practice to write Chinese Calligraphy by yourselves. After studying this course you could know the knowledge of Chinese Calligraphy, and can get an art experience from the practice.

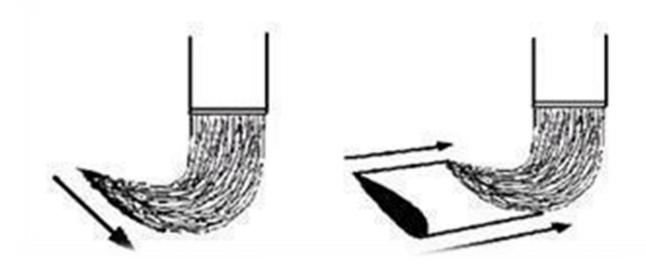
Part 2: Exercises

- Pleases prepare all of the tools of next classes for writing Chinese Calligraphy.
- Pleases try to write the Calligraphy of Regular Script by yourself.





中国书法的楷书书写技巧 Regular script writing skills of Chinese calligraphy





书法书写基本常识 Basic knowledge of writing calligraphy



- 1、工具 Tools
- "笔墨纸砚"是中国古代文人不可缺少的工具,号称"文房四宝"。"Brush, ink stick, rice paper and inkstone" are indispensable tools for ancient Chinese literati, known as the "Four Treasures of the Chinese Study".









书法书写基本常识 Basic knowledge of writing calligraphy



- 2、写字姿势: 身体坐直; Writing posture: Sit up straight;
- 3、握笔方法: 手腕一定要悬在空中, 不能接触纸面 How to hold the brush: the wrist must be suspended in the air and cannot touch the paper.







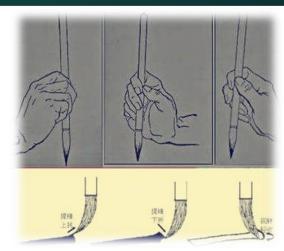
- 五指执笔法The method of holding the brush with five-fingers:
- 大拇指按住笔杆靠身体的一方; 食指由外往里压住笔杆; 中指紧挨着食指, 钩住笔杆; 无名指在笔后顶住笔杆; 小指抵住无名指的内下侧。The thumb presses and holder the side of the brush against the body; the index finger presses the brush from the outside to the inside; the middle finger is next to the index finger and hooks the brush holder; the ring finger is against the brush holder behind it; and the little finger stay underside.
- 手肘放在桌面上,紧贴纸张。Rest your elbows on the table, close to the paper.
- 手腕悬空,不能接触纸张。
- The wrist is in the air and cannot touch the paper.

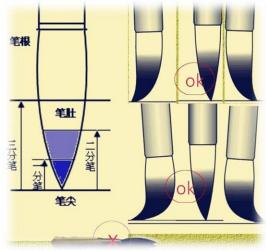






- 1、以笔头为中心力量进行书写; Write with the brush tip as the central force;
- 2. 笔体垂直纸面,转动手腕;
- The brush body is vertical to the paper surface, and the wrist is rotated;
- 3. 保持笔尖完整和整齐 Keep the brush nib intact and neat







- 写书法一定要心静,慢慢书写。To write calligraphy, you must be calm and write slowly.
- •除了注重字体的对称和均衡,还要注意每一个笔画的粗细、轻重变化。In addition to paying attention to the symmetry and balance of the script, we should also pay attention to the thickness and weight of each stroke.
- 一般开头用笔比较重、比较慢,结束的时候用笔比较轻、比较快。Generally, we should use the brush as heavier and slower at the beginning, and should use the brush as lighter and faster at the end.
- 例如: 大 For example: big

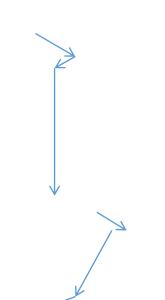


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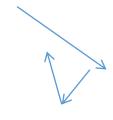
- 横: 一
- horizontal

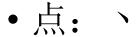


- <u>坚</u>:
- vertical

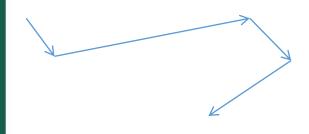
- 撇: 丿
- Left-falling
- 捺: \
- Right-falling



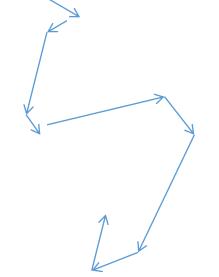




• dot



- 横撇:
- Horizontal and left-falling



- 竖弯钩
- Vertical, bend and hook



- 书法的美在于字体的对称和均衡
- The aesthetics of Chinese Calligraphy lies in the symmetry and balance of the font
- 书法的美还存在于笔画的粗细搭配, 以及用墨的轻重变化
- The aesthetics of Chinese Calligraphy also exists in the thickness of the strokes, as well as the change in the weight of the ink used.



总结 Summary



• After studying this lesson, we can know the definition of Chinese calligraphy, aesthetic characteristics, development history, representative characters, font classification and characteristics, etc. And know the details of writing Chinese Calligraphy, such as tools, content, painting methods and skills. Finally you can practice to write Chinese Calligraphy by yourselves. After studying this course you could know the knowledge of Chinese Calligraphy, and can get an art experience from the practice.