



มหาวิทยาลัยราชภัฏนครปฐม
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Chapter 1

Concepts of nursing care for older persons

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Learning Objectives

1. Explain the definition of older people
2. Identify the classification of older people
3. Describe the nurse's role in caring for older people.
4. Describe the carer, family, and society's role in caring for older people.
5. Describe the impact of changes in population structure.
6. Describe the related policies, laws, and the National Plan on the Elderly
7. Describe health and social care services for older people

Definition of older people

A person over 60 and of Thai nationality



Classification of older people

Chronological age

- Young-old (60-69 years)
- Old-old (70-79)
- Oldest-old (80 years and over)

Classification of older people

Functional age

No. of point	Status
0-4	Bed Bound
5-11	Home Bound
≥ 12	Social Bound

Classification of older people

Health status

- Healthy elderly
- Frail elderly



Nurse's role in caring for older people

- Healer
- Implementer
- Educator
- Researcher
- Consultant
- Advocate
- Innovator





Carer, and family's role in caring for older people

- Health care
- Support for daily living expenses
- Nutrition
- Caring for the elderly according to the norms and good values of Thai culture
- Arrange the physical environment

Society's role in caring for older people.

- Health service
- Social service
- Health service access



Impact of changes in population structure

- Dependency
- Health problems
- Social and economic



Policies, laws, and the National Plan on the Elderly

- the National Plan on the Elderly
- Health and social care services for older people

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