



มหาวิทยาลัยราชภัฏนครปฐม
Nakhon Pathom Rajabhat University

Chapter 4

Changing process of the older persons

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Learning Objectives

- Identify factors that affect the aging process
- Explain physical changes in old age.
- Explain psychosocial changes in old age.

Factors Affect the Aging Process

- **Internal factors:** health status, health behaviors, beliefs, culture.
- **External factors:** education, economic, and social support.

Common aging changes

Physical changes



Physical appearance

Common aging changes

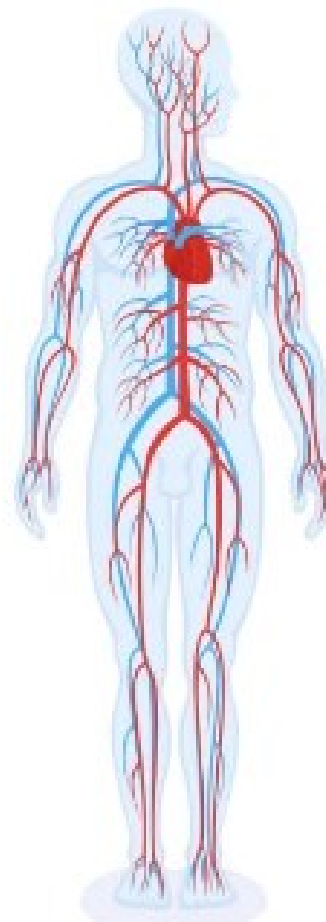
Physical changes



Respiratory system

Common aging changes

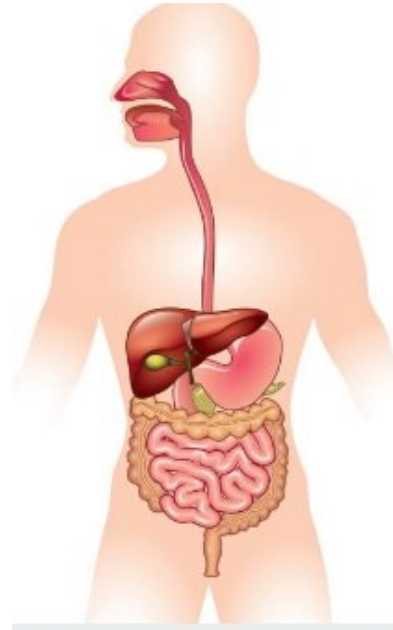
Physical changes



Cardiovascular system

Common aging changes

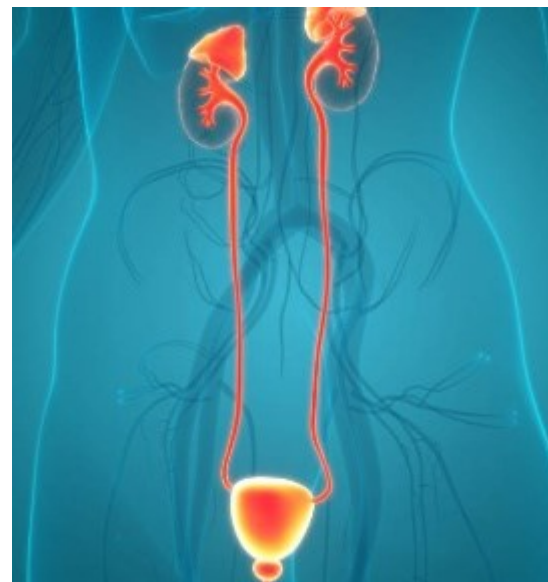
Physical changes



Gastrointestinal
system

Common aging changes

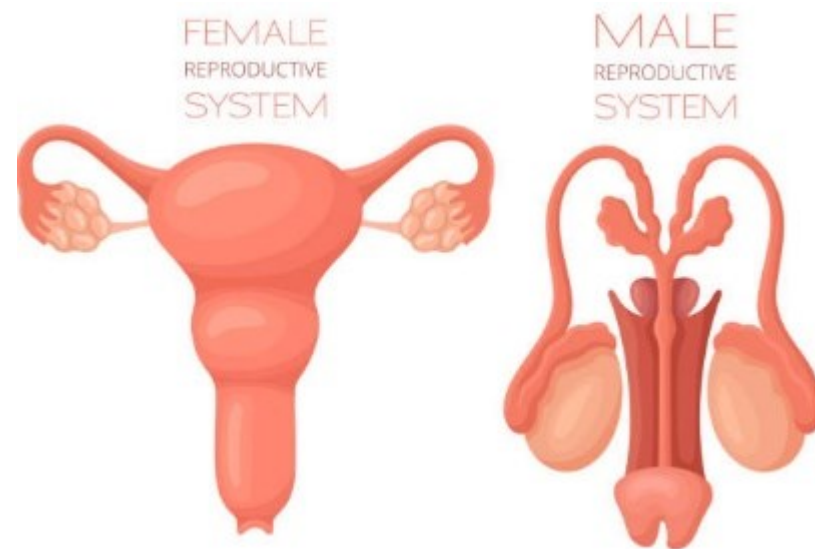
Physical changes



Urinary tract

Common aging changes

Physical changes



Reproductive system

Common aging changes

Physical changes



Musculoskeletal system

Common aging changes

Physical changes



Nervous system

Common aging changes

Physical changes



VISION



TASTE



TOUCH



HEARING



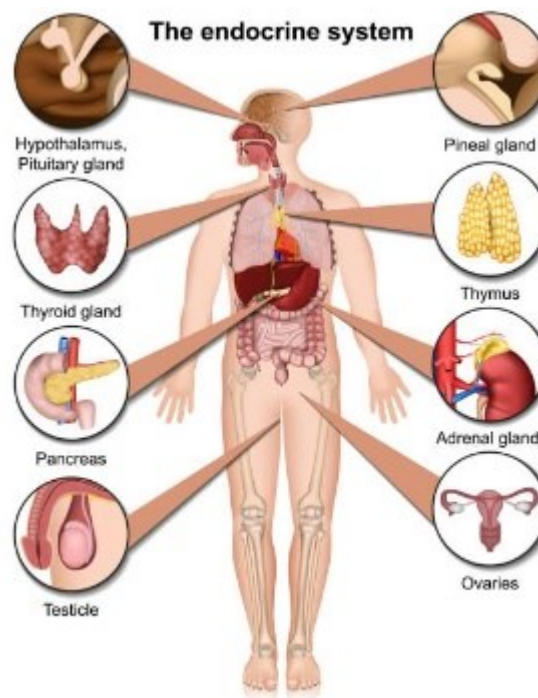
SMELL



Sensory organs

Common aging changes

Physical changes



Endocrine system

Common aging changes

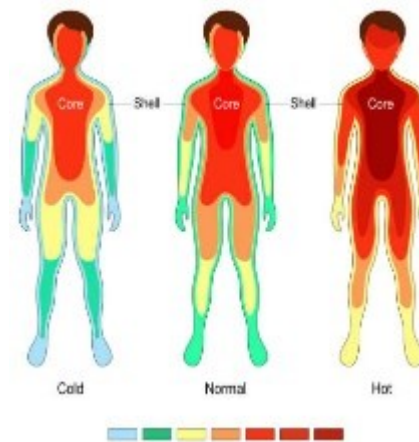
Physical changes



Immune system

Common aging changes

Physical changes



Body temperature regulation

Common aging changes

Psychosocial changes

- personality
- learning and memory
- intelligence
- emotional
- social



References

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