



มหาวิทยาลัยราชภัฏนครปฐม

# Pre-intermediate English

Jaime Paster  
Language Institute



มหาวิทยาลัยราชภัฏนครปฐม  
Nakhon Pathom Rajabhat University

# Topic 4



## Topic 4 Health

1. Listening - Natural Remedies
2. Vocabulary - Health Problems and Remedies
3. Grammar - Usage of should/shouldn't
4. Reading - Health Problems
5. Writing - Short statement giving advice
6. Speaking - Intonation in Questions



## Topic 4 Health

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2. Vocabulary - Health Problems and Remedies
3. Grammar - Usage of should/shouldn't
4. Reading - Health Problems
5. Writing - Short statement giving advice
6. Speaking - Intonation in Questions

# Listening - Natural Remedies



**Listen and identify if these natural remedies were used by Frank.**

**Label them Used or Not Used**

- 1. For a cough use an onion.**
- 2. Bath in about half a kilogram of salt when you have colds.**
- 3. For sunburn use a mixture of olive oil and vinegar.**
- 4. A slice of cucumber for each sore eye.**
- 5. For toothache eat some ice with garlic.**

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# Listening for Opinion



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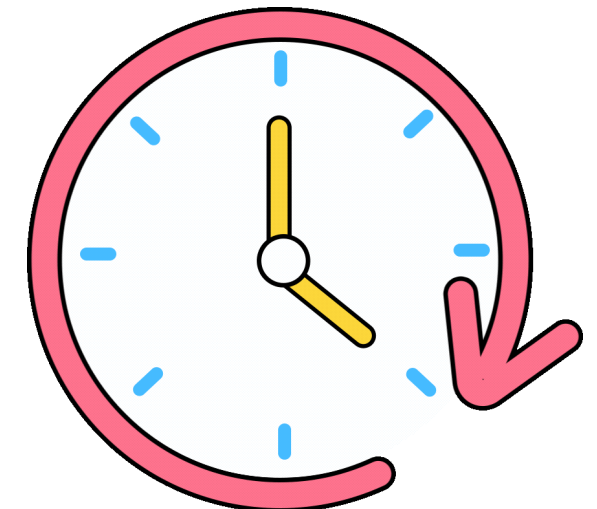
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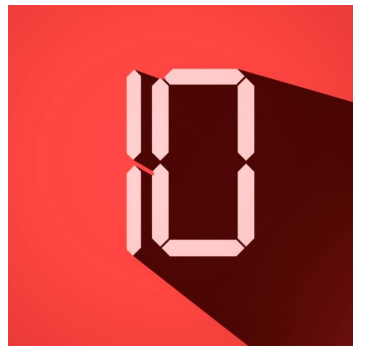


# Listening for Opinion



**Showing answers in 9 seconds**

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# Listening for Opinion

## answers

Listen and identify if these natural remedies were used by Frank. Label them Used or Not Used

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Used 2. Bath in about half a kilogram of salt when you have colds.

Used 3. For sunburn use a mixture of olive oil and vinegar.

Used 4. A slice of cucumber for each sore eye.

Not Used 5. For toothache eat some ice with garlic.



# Vocabulary- Health Problems and Remedies



## Common Health Problems

**A cold**  
**Headache**  
**Sunburn**  
**Diarrhea**  
**Sore Throat**



# Vocabulary- Health Problems and Remedies



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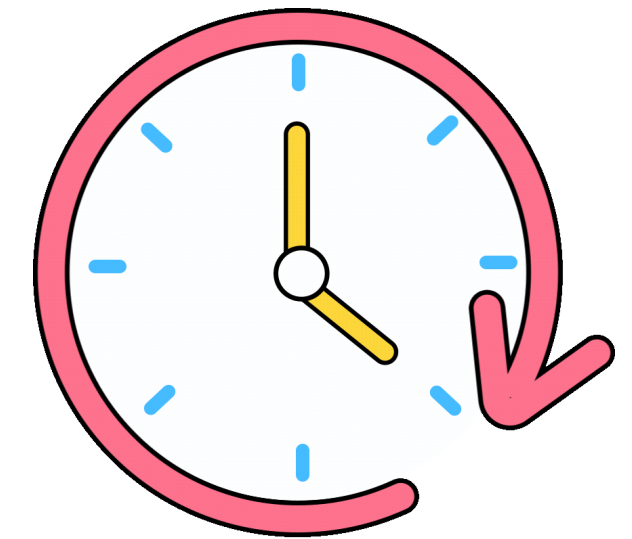


# Vocabulary- Health Problems and Remedies



## Common Health Problems

**A cold**  
**Headache**  
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# Vocabulary- Health Problems and Remedies



## Common Health Problems

- A** A cold
- D** Headache
- C** Sunburn
- B** Diarrhea
- E** Sore Throat





## Common Health Problems and Home Remedies

- 1. A cold - Drink plenty of fluids such as warm water and herbal teas.**
- 2. Headache - Apply a cold compress to the forehead.**
- 3. Sunburn - Apply aloe vera gel or lotion to the affected area.**
- 4. Diarrhea - Avoid dairy products, fatty foods, caffeine, and spicy foods .**
- 5. Sore Throat - Drink herbal teas with honey and lemon.**



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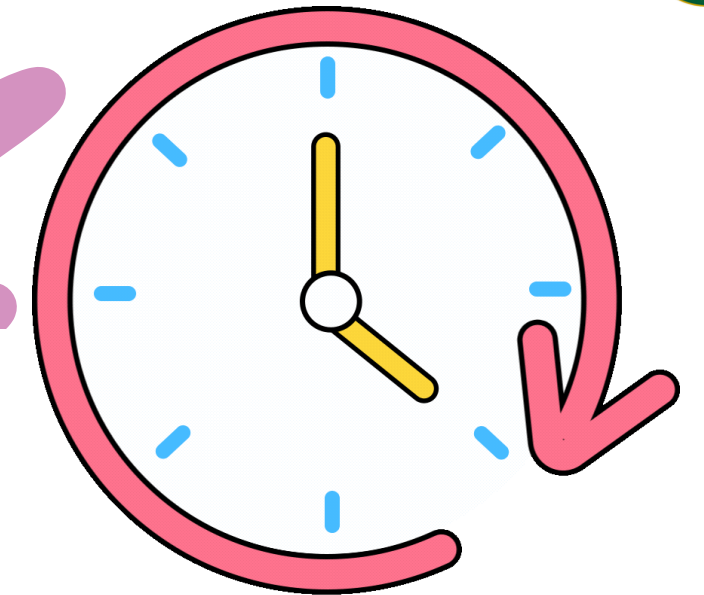
sore throat    colds    diarrhea    sunburn    headache

1. Jane applied aloe vera lotion to her \_\_\_\_\_.
2. Harold is drinking herbal tea to relieve his \_\_\_\_\_.
3. Brian is having a \_\_\_\_\_; he applied a cold compress to his forehead.
4. Martin should avoid dairy products to relieve his \_\_\_\_\_.
5. Alex is having herbal tea with honey and lemon for his \_\_\_\_\_.

## Vocabulary- Health Problems and Remedies



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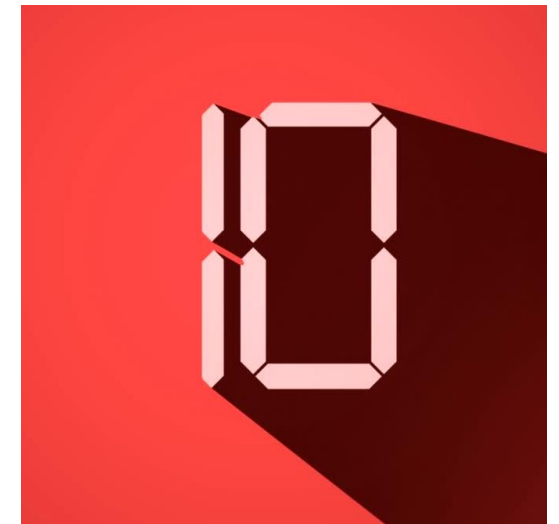
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Showing answers in 9 seconds

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# Vocabulary- Health Problems and Remedies



## Answers

1. Jane applied aloe vera lotion to her sunburn.
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4. Martin should avoid dairy products to relieve his diarrhea.
5. Alex is having herbal tea with honey and lemon for his sore throat.

# Grammar - Usage of should/shouldn't



## Giving or asking for an advice

### We use should/shouldn't in giving advice

+You should go to bed early.

-You shouldn't worry about the  
exam.

### We also use should to ask for advice:

What do you think I should  
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## Grammar - Usage of should/shouldn't



**Fill in with should or shouldn't .  
To complete the good advice**



**You \_\_\_\_\_ drink more water daily.**



**You \_\_\_\_\_ eat more fruits and veggies.**



**You \_\_\_\_\_ exercise regularly.**

**You \_\_\_\_\_ stay up late every night.**

**You \_\_\_\_\_ eat too much processed food.**

## Grammar - Usage of should/shouldn't



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Showing answers in 9 seconds



You \_\_\_\_\_ drink more water daily.



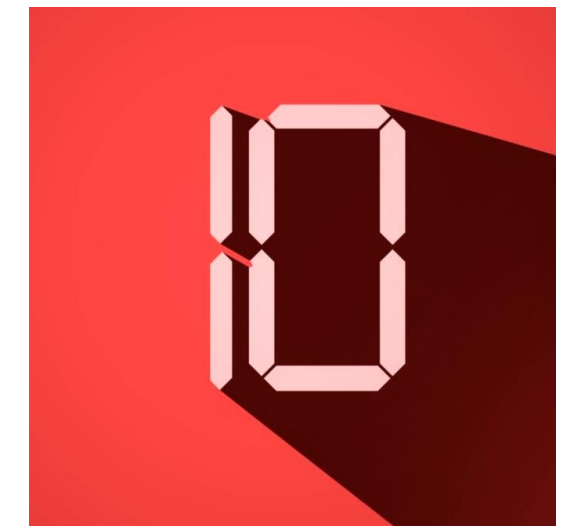
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### answers

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You should drink more water daily.



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## Reading- Health Problems



# Reading Comprehension Check

Email to Dr. Suzie

**I identify who sent these information extracted from the email.**

**Write Beth, Annie or Jim.**

1. My best is sick with a bad cold.
2. I started a part-time job, because I don't have much money.
3. I have to study hard all the time.
4. I have to work till midnight everyday.
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# Reading- Health Problems



## Email to Dr. Suzie

### Pause Video and Read

Dear Suzie,  
I'm a first-year student at college. I don't have much money, so I started a part-time job a few months ago. It's a good job, but I have to work from 6 p.m. to midnight every day. I feel very tired during class and I've failed some important exams this month. I want to study, but I need money, so I have to work. What should I do?  
Beth (19)

Dear Suzie,  
My best friend hasn't been to class recently. I've called her many times but she doesn't want to talk. She says she's sick with a bad cold, but I saw her downtown yesterday with some strange people and she looked OK. I'm really worried about her.  
Annie (18)

Dear Suzie,  
I started college two months ago and I hate it. Everyone seems to have a lot of friends, but I don't know anyone. The classes are really difficult, so I have to study hard all the time. Recently I've had some bad headaches. My eyes are sore and I can't sleep at night. I'm worried it's making me sick.  
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Next slide in 9 seconds



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**Showing answers in 9 seconds**

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### Reading Comprehension **Answers**

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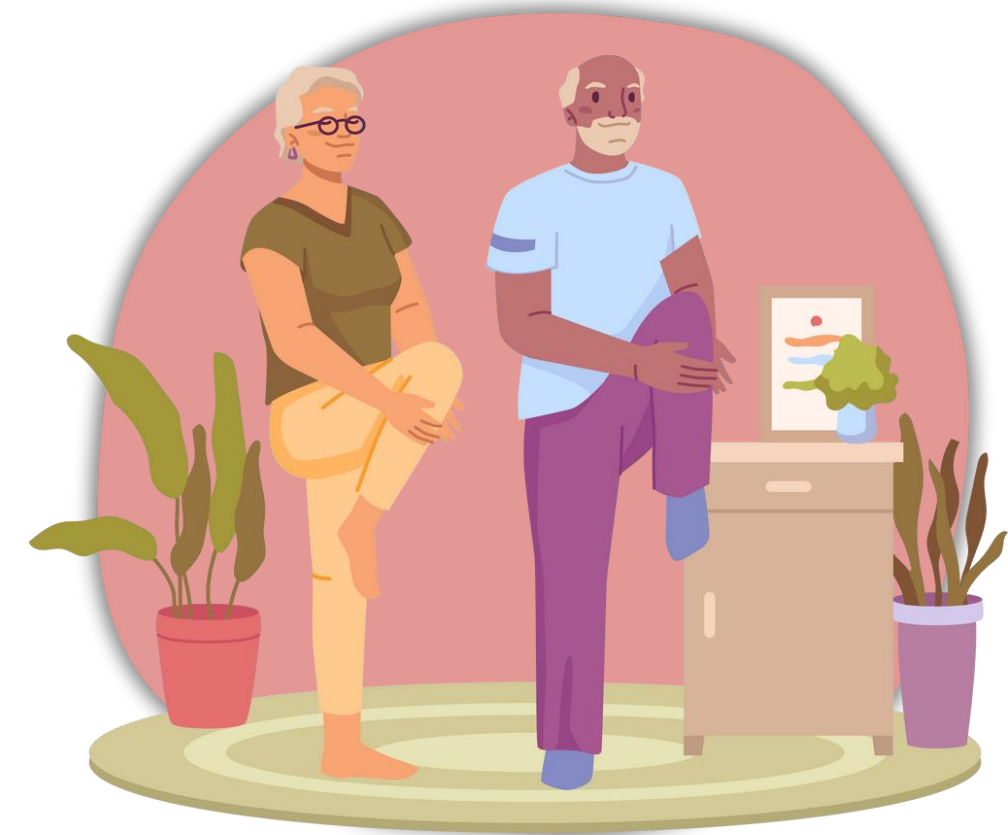
**Beth** 4. I have to work till midnight everyday.

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# Writing- Short statement giving advice



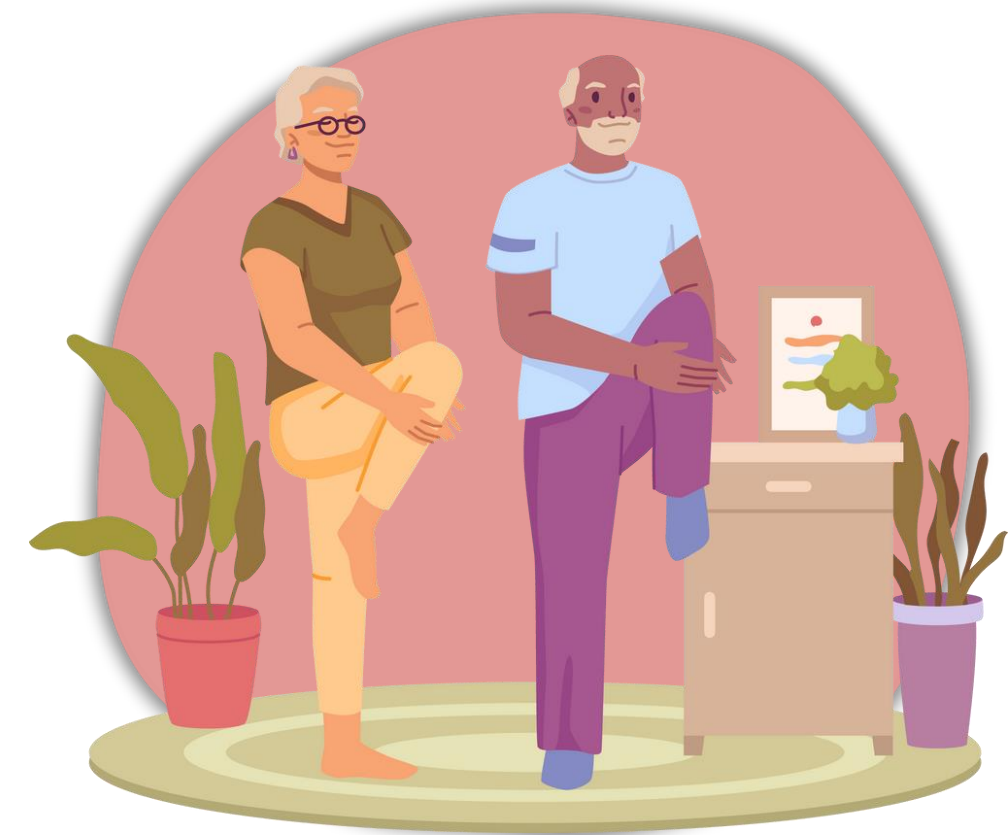
## Writing correct health advice



# Writing- Short statement giving advice



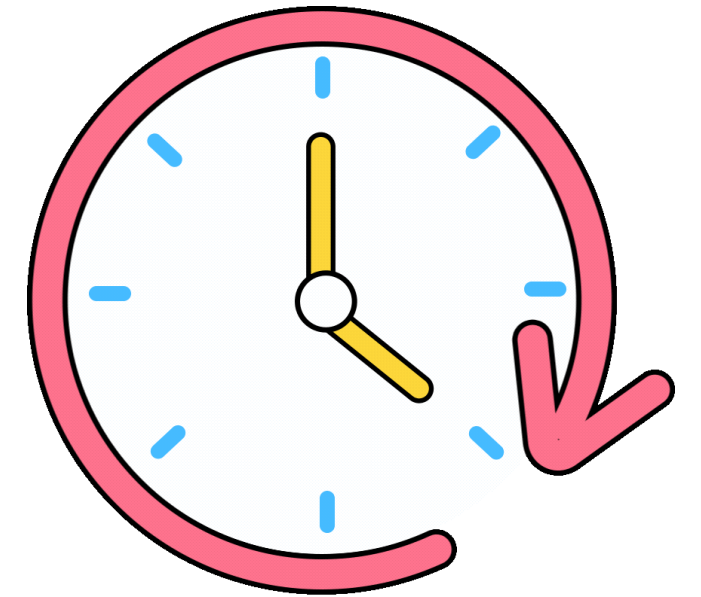
## Writing correct health advice



Writing- Experiences you've  
had

Writing correct health advice

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Nakorn Pathom Rajabhat University



**your diet by eating / you should balance / the right amount of  
food**

Writing- Experiences you've  
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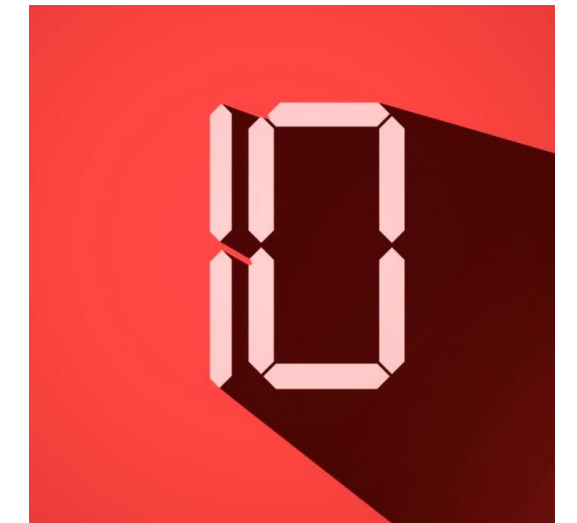


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answer

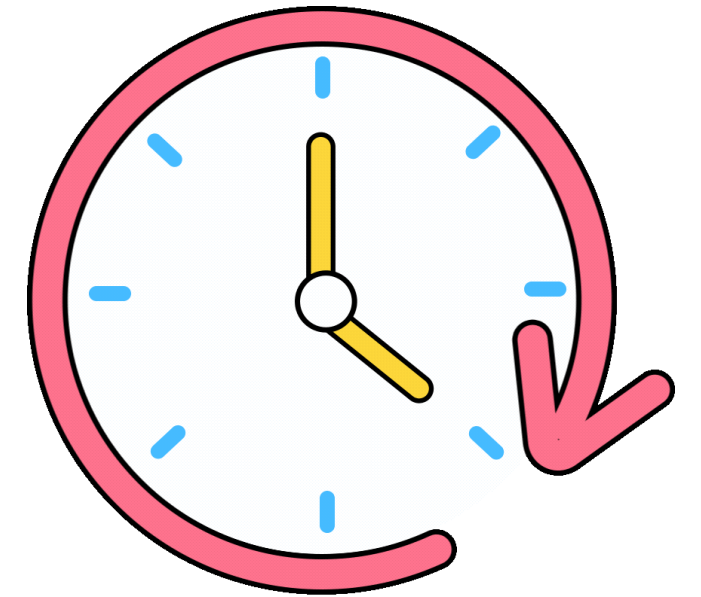


**You should balance your diet by eating the right amount of  
food.**

Writing- Experiences you've  
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Writing correct health advice

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**you should get / by sleeping on time / the right amount of  
rest**



Writing- Experiences you've  
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Writing correct health advice

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Showing answers in 9 seconds



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Writing correct health advice

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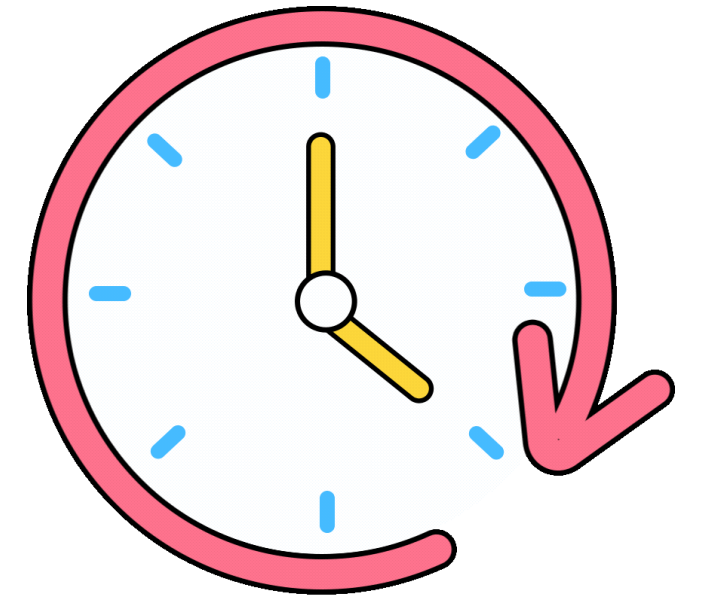


**You should get the right amount of rest by sleeping on time.**

Writing- Experiences you've  
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Writing correct health advice

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**regularly to keep / you should exercise / your body healthy.**

Writing- Experiences you've  
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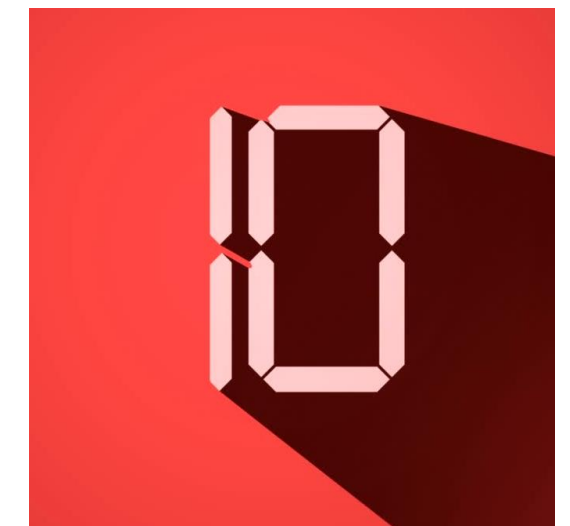
Writing correct health advice



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answer



**You should exercise regularly to keep your body healthy.**

# Speaking – Intonation in Questions



## Rising intonation in Yes/No Questions

1. Did you have breakfast?

2. Are you ready?

3. Can you help me?

## Falling intonation in Wh- Questions

1. Why are you late?

2. Where have you been?

3. How did you do it?

# Speaking – Intonation in Questions



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## Speaking – Intonation in Questions



**Listen again and remember that you need to note the rising and falling intonations. Listen carefully and it helps to remember which questions are Yes or No, and which questions are W and H.**

## Speaking – Intonation in Questions



**Listen again and remember that you need to note the rising and falling intonations. Listen carefully and it helps to remember which questions are Yes or No, and which questions are W and H.**

## Speaking – Intonation in Questions

**Listen again and remember that you need to note the rising and falling intonations. Listen carefully and it helps to remember which questions are Yes or No, and which questions are W and H.**

## Speaking – Intonation in Questions



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## Falling intonation in Wh- Questions

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**Now take this turn to practice speaking.**  
**Note the proper intonations:**  
**Rising for Yes/No questions**  
**Falling for Wh- questions**



**Now take this turn to practice speaking.**  
**Note the proper intonations:**  
**Rising for Yes/No questions**  
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# Speaking – Intonation in Questions



## Practice speaking



1. Did you have breakfast?
2. Are you ready?
3. Can you help me?
4. Why are you late?
5. Where have you been?
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# Speaking – Intonation in Questions



## Practice speaking



1. Did you have breakfast?
2. Are you ready?
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# Speaking – Intonation in Questions



## Practice speaking



1. Did you have breakfast?
2. Are you ready?
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# Speaking – Intonation in Questions



## Practice speaking



1. Did you have breakfast?
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# Speaking – Intonation in Questions



## Practice speaking



1. Did you have breakfast?
2. Are you ready?
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# Speaking – Intonation in Questions



## Practice speaking



1. Did you have breakfast?
2. Are you ready?
3. Can you help me?
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5. Where have you been?
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# Speaking – Intonation in Questions



**Good job!**



1. Did you have breakfast?
2. Are you ready?
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**Reference:**

**Craven, M. (2016). Breakthrough plus 2 (2nd ed.). Macmillan Publishers**



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นครปฐม