



มหาวิทยาลัยราชภัฏนครปฐม
NAKHON PATHOM RAJABHAT UNIVERSITY
佛统皇家大学

Faculty of Humanities and Social Sciences
人文与社会科学学院



Course code: 2950404

Course name: ภาษาจีนสำหรับการบริการเชิงสุขภาพ
Chinese for Wellness Service
健康服务汉语
Jiànkāng Fúwù Hànyǔ

Teacher: Aj. Dr. Shēn Yè 申烨



课程介绍 Course Introduce

Upon completing the program, students will be able to apply their knowledge of Chinese learned in this course to work in the entire Wellness Service, or business, as well as other relevant industry sectors.



第十二课课程介绍 Introduce for Lesson 12

- Part 1: Text study
 - In this course, I will introduce the basic knowledge about fitness service and program. Then I will explanation the meaning and details of all new vocabularies, 1 conversation with some important sentences, and the language points, pronunciation point and culture point in this course. And I will tell you about guiding for the guests in Chinese and Thai language.
- Part 2: Exercises
 - Pleases try to do the exercise in the back of the text.
 - Pleases remember the words and sentences about Chinese for Wellness Service.

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NOW

LET'S BEGINNING STUDY

LESSON 12



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Dì shíèr kè Zhèlǐ yǒu jiànshēn jiàoliàn ma?

第十二课 这里有健身教练吗?

Lesson 12 Are there any fitness instructors here?

New words
生词

Conversation
课文对话

Language
points
语言点

Pronounce
语音知识

Exercises
练习

Culture
point
文化点滴

New Vocabularies 生词



教练

jiàoliàn

coach

私人

sīrén

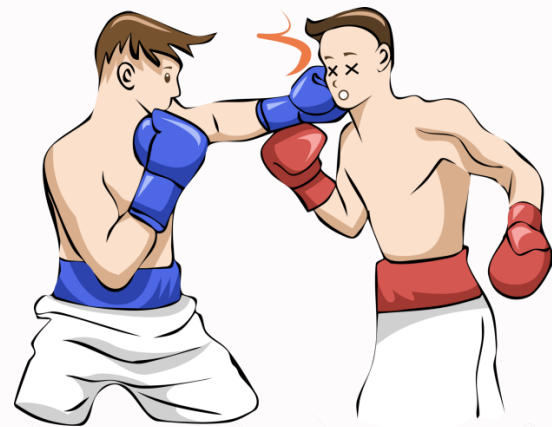
private



健身操

jiànshēn cāo

aerobics



搏击

bójī

boxing

瑜伽

yújiā

Yoga



一起

yìqǐ

Together



需要

xūyào

need



New Vocabularies 生词



FREE

优惠

yōuhuì

discount

免费

miǎnfèi

free

桑拿

sāngnǎ

Sauna

试试

shì shì

try

太

tài

too

完

wán

over/ finish

SUPER
SALE

TRY...

FINISH

So
GOOD!

Conversation 会话 huìhuà

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Shēn nǚshì: Zhèlǐ yǒu jiànshēn jiàoliàn ma?

申女士：这里有健身教练吗？

Fúwùyuán: Yǒu, wǒmen zhèlǐ yǒu sīrén jiàoliàn. Yǒu jiànshēncāo、bójī、yújiā děng。

服务员：有，我们这里有私人教练。有健身操、搏击、瑜伽等。

Shēn nǚshì: Zěnmē shōufèi?

申女士：怎么收费？

Fúwùyuán: Yí gè xiǎoshí 400 zhū。

服务员：一个小时400铢。

Shēn nǚshì: Wǒ yào liǎng gè xiǎoshí ba。

申女士：我要两个小时吧。

Fúwùyuán: Hǎo de. Wǒmen zhèlǐ hái yǒu yōuhuì de Tàishì ànmó fúwù hé miǎnfèi de sāngná, nín kěyǐ shìshì。

服务员：好的。我们这里还有优惠的泰式按摩服务和免费的桑拿，您可以试试。

Shēn nǚshì: Tài hǎo le! Wǒ duànliàn wán qù kàn yíxià。

申女士：太好了！我锻炼完去看一下。



Language Points
语言点 yǔyán diǎn



1. Zhèlǐ yǒu jiànshēn jiàoliàn ma?

这里有健身教练吗?

(Is there a fitness instructor here?)

Zhèlǐ yǒuma?

这里有.....吗?

The sentence is used to ask if something or someone exists at that location.

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We can use ‘yǒu’ to answer in the affirmative or ‘méiyǒu’ to answer in the negative.



2. Yǒu, wǒmen zhèlǐ yǒu sīrén jiàoliàn. Yǒu jiànshēncāo、bójī、yújiā děng。

有，我们这里有私人教练。有健身操、搏击、瑜伽等。

(Yes, we have personal trainers here. There 's aerobics, boxing, yoga and more.)

2.1 yǒu 有, It's an answer in the affirmative.

2.2 wǒmen zhèlǐ yǒu ……我们这里有……

The sentence is used to answer something or someone exists at that location.

2.3 Yǒu jiànshēncāo、bójī、yújiā děng。有健身操、搏击、瑜伽等。

The sentence is used to introduce the details, and the sentence model is:

Yǒu …A…、…B…、…C… děng。



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3. Zěnmē shōufèi?

怎么收费?

(How do you charge for it?)

This sentence can be used in the context of a counselling service to ask how much the service will cost, with a meaning similar to how much it will cost.

4. Yí gè xiǎoshí 400 zhū.

一个小时400铢。

(400 baht for one hour.)

The sentence for indicating the price of a service charge is:
amount + currency + length of time + time word.



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5. Wǒ yào liǎng gè xiǎoshí ba.

我要两个小时吧。

(I'll take two hours.)

We can use this sentence to express the quantity needed.



6. Hǎo de. Wǒmen zhèlǐ hái yǒu yōuhuì de Tàishì ànmó fúwù hé miǎnfèi de sāngnǎ, nín kěyǐ shìshi.

好的。我们这里还有优惠的泰式按摩服务和免费的桑拿，您可以试试。

(Okay. We also have a discounted Thai massage service and a free sauna here for you to try.)

6.1 Wǒmen zhèlǐ hái yǒu yōuhuì de Tàishì ànmó fúwù hé miǎnfèi de sāngnǎ

我们这里还有优惠的泰式按摩服务和免费的桑拿

We can usually use the sentence to introduce the advantages of the service, in addition to the previously mentioned advantages there are also advantages in terms of price.

Eg. : Wǒmen zhèlǐ hái yǒu yōuhuì de jiàgé hé miǎnfèi de kāfēi、diǎnxīn.

我们这里还有优惠的价格和免费的咖啡、点心。

We also have great rates and free coffee snack here.



6.2 nín kěyǐ shìshi 您可以试试

This is a more polite way of saying when recommending a service to a guest.



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7. Tài hǎo le! Wǒ duànliàn wán qù kàn yíxià。

太好了！我锻炼完去看一下。

(Great! I'll check it out after my workout.)

7.1 Tài hǎo le! 太好了！

The sentence means the same as ‘tài bàng le 太棒了’, which indicates great approval or great satisfaction, and can also mean praise.

7.2 Wǒ duànliàn wán qù kàn yíxià。我锻炼完去看一下。

Somebody + V1 + wán qù + V2 + yíxià。

The sentence indicates that someone completes one thing than continue to do another thing.

Such as:

Wǒ ànmó wán zài qù chīfàn。

我按摩完再去吃饭。

I'll finish my massage and then go to dinner.

Pronunciation Points

语音知识 yǔyīn zhīshi

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1. Review

1.1 The tonal modification of the third tone in Chinese 三声变调.

33——23

kěyǐ 可以

Only the pronunciation be changed, but
the writing way doesn't change.

1.2 The Light Tone 轻声:

wǒmen 我们
zěnmē 怎么
shìshi 试试
de 的
ma 吗
ba 吧
le 了

1.3 “一”的变调 The Tone Change of the characters “yī”

“一”在去声（51）前，必须变为阳平（35）。When “yī” is used in front of the fourth tone, the tone should be changed to the second tone (35).

yí gè 一个
yíxià 一下

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Pronunciation Points
语音知识 yǔyīn zhīshi



2. The way to read of the special PINYIN of “èr” .
‘èr’ and “liǎng” have the same meaning as “two”, but use “liǎng” instead of “èr” before general quantifiers. The word ‘èr’ is not used before general quantifiers.

Example:

liǎng gè xiǎoshí

Not

èr gè xiǎoshí

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NOW

LET'S BEGINNING STUDY

PART 2 — EXERCISES.

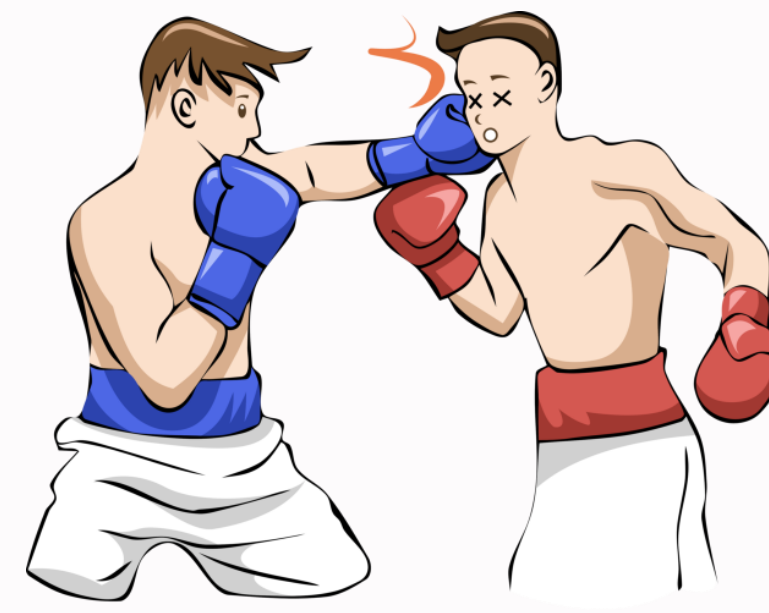


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Exercises 练习



一、看图猜词。 Guess the word from a picture.



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Exercises 练习



一、看图猜词。 Guess the word from a picture.



04





二、选择正确的句子，完成对话。 Choose the correct sentences and complete the dialog.

- a. Wǒmen zhèlǐ hái yǒu yōuhuì de Tàishì ànmó fúwù hé miǎnfèi de sāngná
我们这里还有优惠的泰式按摩服务和免费的桑拿
- b. Wǒ duànliàn wán qù kàn yíxià 我锻炼完去看一下
- c. wǒmen zhèlǐ yǒu sīrén jiàoliàn 我们这里有私人教练

Shēn nǚshì: Zhèlǐ yǒu jiànshēn jiàoliàn ma?

申女士：这里有健身教练吗？

Fúwùyuán: Yǒu, ()。Yǒu jiànshēncāo、bójī、yújiā děng。

服务员：有，(1)。有健身操、搏击、瑜伽等。

Shēn nǚshì: Wǒ yào liǎng gè xiǎoshí ba。

申女士：我要两个小时吧。

Fúwùyuán: Hǎo de。 ()， nín kěyǐ shìshì。

服务员：好的。(2)，您可以试试。

Shēn nǚshì: Tài hǎo le! ()。

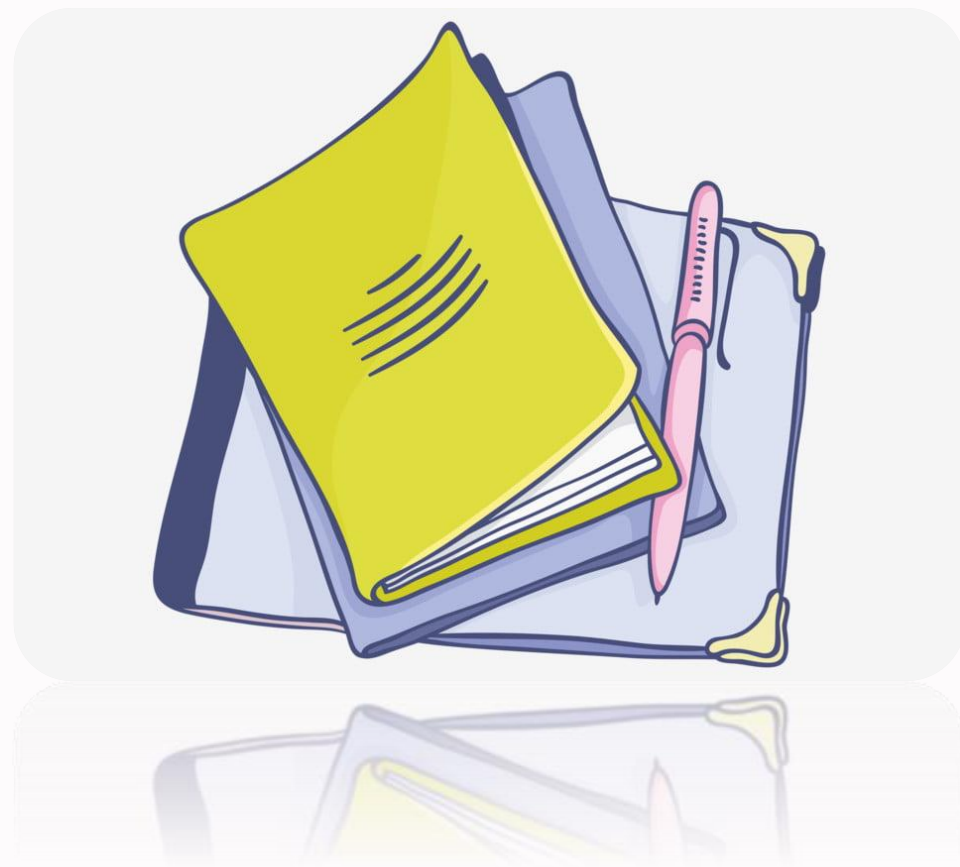
申女士：太好了！(3)。

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Exercises 练习



三、用本文所学句子完成任务。 Finish the task with the sentences learned in this article.



04

Try using Chinese to introduce fitness center and program.
试着运用汉语去介绍健身中心的使用方法和健身计划。





NOW
LET'S BEGINNING STUDY
PART 3.



Culture Point 文化点滴 wénhuà diǎndī

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中国广场舞是居民自发组织，以健身为目的，在广场等公共场所的开敞空间进行富有韵律的舞蹈，通常伴有高分贝、节奏感强的音乐伴奏。参与者多为中老年人，普遍在早晨或晚饭后进行。广场舞会因为参与民众的民族不同、地域不同、群体不同而其舞蹈形式也不同，舞蹈元素多种多样，包括民族舞、现代舞、街舞、拉丁舞等等。

现在越来越多的年轻人加入广场舞，既可以锻炼身体，也可以缓解工作和学习的压力。因为有了年轻人的加入，广场舞的舞蹈动作和歌曲风格也越来越年轻化。

Chinese square dance is a rhythmic dance organised by residents for the purpose of fitness in the open space of public places such as squares, usually accompanied by high-decibel, rhythmic music. Most of the participants are middle-aged and old people, and they are usually held in the morning or after dinner. Because of the different nationalities, regions and groups of the people involved, square dances have different dance forms, with a variety of dance elements, including folk dances, modern dances, street dances, Latin dances, etc. Nowadays, more and more young people are joining square dances.

Nowadays, more and more young people are joining square dance, which can not only exercise their body, but also relieve the pressure of work and study. Because of the joining of young people, the dance movements and song styles of square dance are getting younger and younger.



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总结 Summary

After studying this lesson, we know the basic knowledge about fitness service and program.

And know the meaning and details of new vocabularies, 1 conversation with sentences, and the language points, pronunciation point and culture point in this course. The different ways to introduce the promotion of things between Chinese and Thai language also was introduced. Wish you can apply your knowledge of Chinese learned in this course to work in the entire Wellness Service, or business, as well as other relevant industry sectors.





感谢观看

THANKS FOR THE
ATTENTION.