



มหาวิทยาลัยราชภัฏนครปฐม  
NAKHON PATHOM RAJABHAT UNIVERSITY  
佛统皇家大学

Faculty of Humanities and Social Sciences  
人文与社会科学学院



Course code: 2950404

Course name: ภาษาจีนสำหรับการบริการเชิงสุขภาพ  
Chinese for Wellness Service  
健康服务汉语  
Jiànkāng Fúwù Hànyǔ

Teacher: Aj. Dr. Shēn Yè 申烨



## 课程介绍 Course Introduce

Upon completing the program, students will be able to apply their knowledge of Chinese learned in this course to work in the entire Wellness Service, or business, as well as other relevant industry sectors.



# 第十一课课程介绍

## Introduce for Lesson 11

- Part 1: Text study
  - In this course, I will introduce the basic knowledge about servicing in the fitness room. Then I will explanation the meaning and details of all new vocabularies, 1 conversation with some important sentences, and the language points, pronunciation point and culture point in this course. And I will tell you about guiding for the guests in Chinese and Thai language.
- Part 2: Exercises
  - Pleases try to do the exercise in the back of the text.
  - Pleases remember the words and sentences about Chinese for Wellness Service.

04





NOW

LET'S BEGINNING STUDY

LESSON 11



NPRU



Dì shíyī kè Huānyíng guānglín jiànrshēn zhōngxīn!  
第十一课 欢迎光临健身中心!  
Lesson 11 Welcome to the fitness center!

New words  
生词

Conversation  
课文对话

Language  
points  
语言点

Pronounce  
语音知识

Exercises  
练习

Culture  
point  
文化点滴



## New Vocabularies 生词



使用

shǐyòng

use

健身

jiànshēn

fitness

房（房间）

fáng (fángjiān)

room



中心

zhōngxīn

center

可以

kěyǐ

can



帮

bāng

help

锻炼

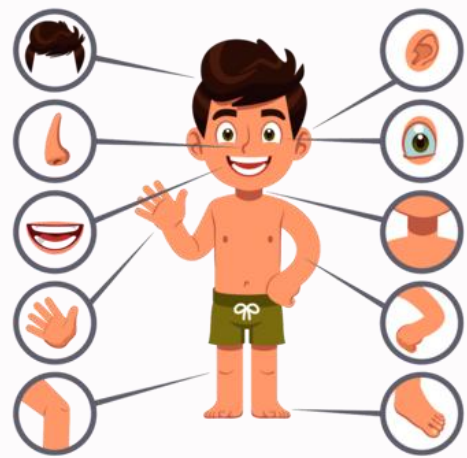
duànliàn

exercise

身体

shēntǐ

body



## New Vocabularies 生词



# NO.

号 (房)

hào (fáng)

No. (room)

运动

yùndòng

sport or exercise

器材

qìcái

equipment

动感单车

dònggǎn dānchē

Spinning bike

重训器材

zhòngxùn qìcái

Weight training equipment

跑步机

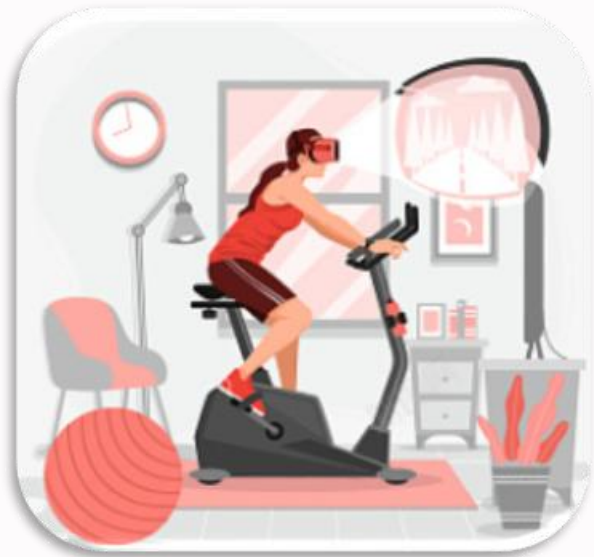
pǎobù jī

Treadmill

应有尽有

yīng yǒu jìn yǒu

Everything is available





## Conversation 会话 huìhuà

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Shēn nǚshì xiǎng shǐyòng jiǔdiàn de jiànshēn fáng.

申女士想使用酒店的健身房

Fúwùyuán: Wǎnshang hǎo, nǚshì! Huānyíng guānglín jiànshēn zhōngxīn, yǒu shénme kěyǐ bāng nín de ma?

服务员：晚上好，女士！欢迎光临健身中心，有什么可以帮您的吗？

Shēn nǚshì: Wǎnshang hǎo, wǒ xiǎng lái duànliàn shēntǐ.

申女士：晚上好，我想来锻炼身体。

Fúwùyuán: Hǎode, qǐngwèn nín shì nǎge fángjiān?

服务员：好的，请问您是哪个房间？

Shēn nǚshì: 1206 hào fáng. Qǐngwèn, zhèlǐ yǒu nǎxiē yùndòng qìcái?

申女士：1206号房。请问，这里有哪些运动器材？

Fúwùyuán: Wǒmen jiànshēnfáng de yùndòng qìcái yǒu dònggǎndānchē、

zhòngxùnqìcái、pǎobùjī, yīngyǒu jìnyǒu.

服务员：我们健身房的运动器材有动感单车、重训器材、跑步机，应有尽有。



## Language Points 语言点 yǔyán diǎn



1. Shēn nǚshì xiǎng shǐyòng jiǔdiàn de jiànshēn fáng.

申女士想使用酒店的健身房。

(Ms Shen wanted to use the hotel gym.)

Somebody + xiǎng shǐyòng + something.

某人 + 想使用 + 某物。

The sentence is used to express that someone wants to use something.

Such as:

Tā xiǎng shǐyòng ànmófú。

他想使用按摩服。

He wants to use the massage suit.

Wǒ xiǎng shǐyòng cāntīng。

我想使用餐厅。

I want to use the dining room.



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2. Wǎnshang hǎo, nǚshì! Huānyíng guānglín jiànshēn zhōngxīn, yǒu shénme kěyǐ bāng nín de ma?

晚上好，女士！欢迎光临健身中心，有什么可以帮您的吗？

(Good evening, madam! Welcome to the fitness centre. How can I help you?)

2.1 wǎnshang hǎo 晚上好

Greeting others can be done by choosing different enquiry statements depending on the time of day, for example:

zǎoshàng hǎo早上好 good morning /xiàwǔ hǎo下午好 good afternoon/wǎnshang hǎo晚上好good evening

2.2 Huānyíng guānglín .....欢迎光临.....

The sentence is used to express welcome for the customs.

2.3 yǒu shénme kěyǐ bāng nín de ma? 有什么可以帮您的吗？

The sentence is used to ask someone if they need help and is often used in the service industry.





## Language Points 语言点 yǔyán diǎn



3. Wǎnshang hǎo, wǒ xiǎng lái duànliàn shēntǐ。

晚上好，我想来锻炼身体。

(Good evening, I'd like to come and exercise.)

3.1 wǒ xiǎng lái .....。

我想来.....。

The sentence can be used to express the purpose and idea of the visit.

Such as:

Wǒ xiǎng lái ànmó。

我想来按摩。

I'd like to come for a massage.

Wǒ xiǎng lái chīfàn。

我想来吃饭。

I'd like to come for dinner.



3.2 duànliàn shēntǐ 锻炼身体

This is a fixed phrase meaning to do exercise for health.



4. Hǎode, qǐngwèn nín shì nǎge fángjiān?

好的，请问您是哪个房间？

(Okay, which room are you in, please?)

nǎge fángjiān

哪个房间



The sentence is used to ask the customer for his or her room number. In Chinese, the word ‘fángjiān房间’ must be preceded by the quantifier ‘ge个’.

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5. 1206 hào fáng。Qǐngwèn, zhèlǐ yǒu nǎxiē yùndòng qìcái?

1206号房。请问，这里有哪些运动器材？

(Room 1206. May I ask what kind of exercise equipment is available here?)

1206 hào fáng 1206号房

When stating a room number, it is usually necessary to add the word ‘hào’ between the number and the word ‘fáng – means room’.

Qǐngwèn, zhèlǐ yǒu nǎxiē yùndòng qìcái? 请问，这里有哪些运动器材？

This sentence can be used to ask for information about equipment at a fitness centre or gym to determine if it meets your needs.

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6. Wǒmen jiànshēnfáng de yùndòng qìcái yǒu dònggǎndānchē、zhòngxùnqìcái、pǎobùjī, yīngyǒu jìnyǒu。

我们健身房的运动器材有动感单车、重训器材、跑步机，应有尽有。

(Our gym has a wide range of exercise equipment including exercise bikes, heavy training equipment, and treadmills.)

The sentence can be used to answer other people about the content of our service.

Wǒmen jiànshēnfáng de yùndòng qìcái yǒu ..... 我们健身房的运动器材有.....

The sentence is using the word 'yǒu - means have' to introduce specifics and details.



....., yīngyǒu jìnyǒu。....., 应有尽有。

This is a fixed structure that indicates that there is a lot of everything, a lot of variety, and a lot of content. Usually a few things are listed in the previous sentence, and then that sentence is used to summarise the great variety.

# Pronunciation Points

## 语音知识 yǔyīn zhīshi



### 1. Review

#### 1.1 The tonal modification of the third tone in Chinese 三声变调.

33——23

kěyǐ 可以

Only the pronunciation be changed, but  
the writing way doesn' t change.

#### 1.2 The Light Tone 轻声:

wǎnshang 晚上  
shénme 什么  
wǒmen 我们  
nǎge 哪个  
de 的  
ma 吗

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Pronunciation Points  
语音知识 yǔyīn zhīshi



2. The way to read of the special PINYIN of “yī” .

When there is a series of numbers together, the ‘yī’ should be pronounced as ‘yāo’ to make the meaning clearer.

1206  
should be read as  
**yāo** èr líng liù

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NOW

LET'S BEGINNING STUDY

PART 2 — EXERCISES.

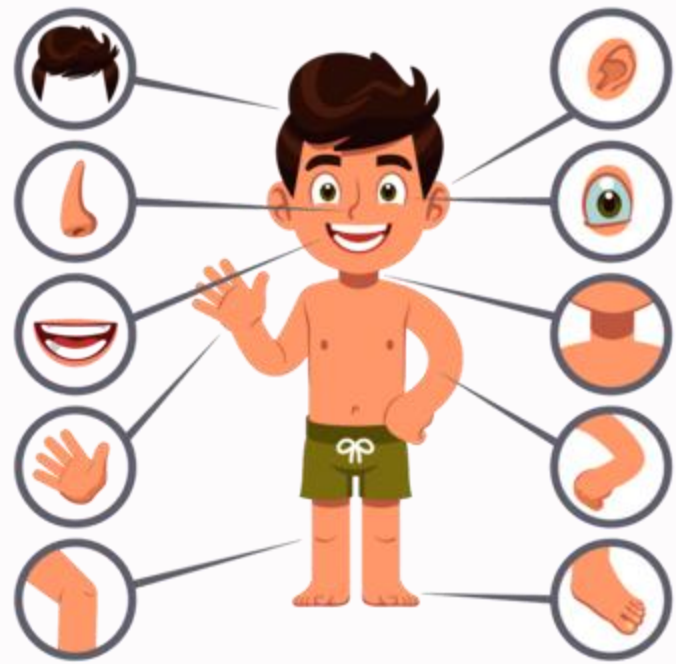


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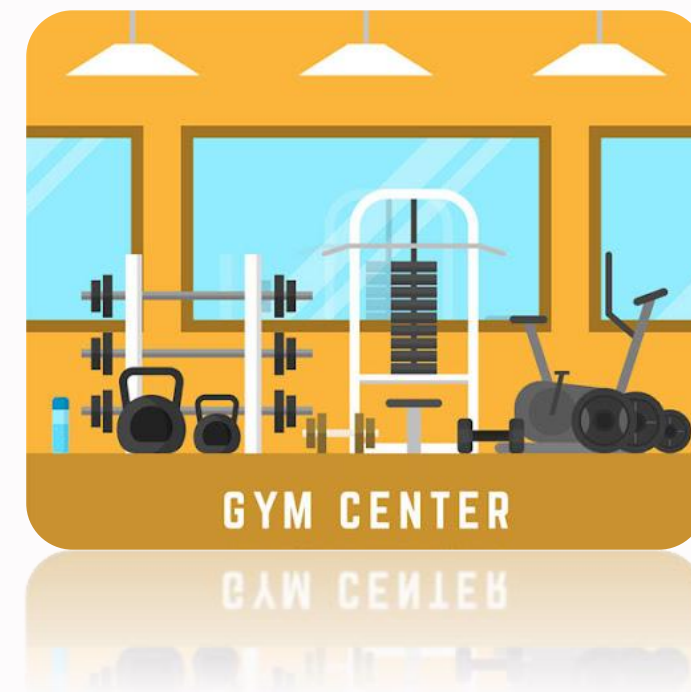
# Exercises 练习



一、看图猜词。 Guess the word from a picture.



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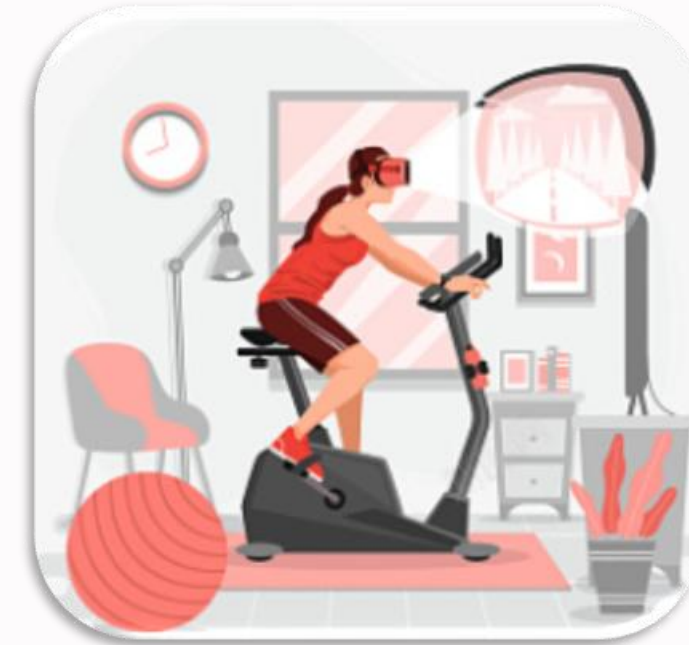




# Exercises 练习



一、看图猜词。 Guess the word from a picture.



04

NO.







## 二、选择正确的句子，完成对话。 Choose the correct sentences and complete the dialog.

- |  |             |
|--|-------------|
| a. Wǒmen jiànshēnfáng de yùndòng qìcái yǒu | 我们健身房的运动器材有 |
| b. Huānyíng guānglín jiànshēn zhōngxīn     | 欢迎光临健身中心    |
| c. duànliàn shēntǐ                         | 锻炼身体        |
| d. yīngyǒu jìnyǒu                          | 应有尽有        |
| e. qǐngwèn nín shì nǎge fángjiān           | 请问您是哪个房间    |

Fúwùyuán: Wǎnshang hǎo, nǚshì! (     ), yǒu shénme kěyǐ bāng nín de ma?

服务员: 晚上好, 女士! (     1     ), 有什么可以帮您的吗?

Shēn nǚshì: Wǎnshang hǎo, wǒ xiǎng lái (     )。

申女士: 晚上好, 我想来(     2     )。

Fúwùyuán: Hǎode, (     )?

服务员: 好的, (     3     )?

Shēn nǚshì: 1206 hào fáng Qǐngwèn, zhèlǐ yǒu nǎxiē yùndòng qìcái?

申女士: 1206号房。请问, 这里有哪些运动器材?

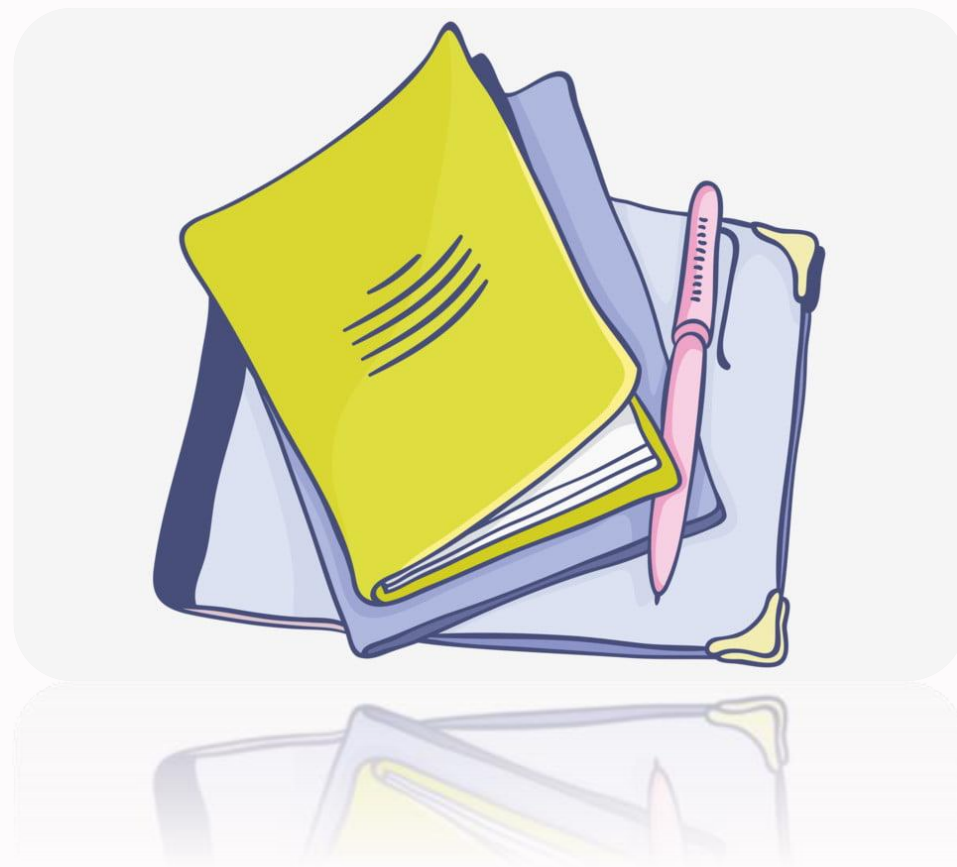
Fúwùyuán: (     ) dònggǎndānchē、zhòngxùnqìcái、pǎobùjī, (     )。

服务员: (     4     )动感单车、重训器材、跑步机, (     5     )。

## Exercises 练习



三、用本文所学句子完成任务。 Finish the task with the sentences learned in this article.



04

Try using Chinese to introduce the service of the fitness room.  
试着运用汉语去介绍健身中心的服务。





NOW  
LET'S BEGINNING STUDY  
PART 3.



NPRU



## Culture Point 文化点滴 wénhuà diǎndī

现在健身已经成为了中国年轻一代的时尚与潮流。因此，在中国的很多酒店都会配有健身房，供客人使用。除此之外，还有很多的健身中心，里面不仅有很多健身器材，还有很多培训课程。

Nowadays, fitness has become fashionable and trendy for the young generation in China. Therefore, many hotels in China are equipped with gyms for their guests to use. Apart from that, there are also many fitness centers which not only have a lot of fitness equipment but also a lot of training courses.





## 总结 Summary

After studying this lesson, we know the basic knowledge about servicing in the fitness room.

And know the meaning and details of new vocabularies, 1 conversation with sentences, and the language points, pronunciation point and culture point in this course. The different ways to introduce the promotion of things between Chinese and Thai language also was introduced. Wish you can apply your knowledge of Chinese learned in this course to work in the entire Wellness Service, or business, as well as other relevant industry sectors.







感谢观看

THANKS FOR THE  
ATTENTION.