มหาวิทยาลัยราชภัฏนครปฐม
NAKHON PATHOM RAJABHAT UNIVERSITY

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佛统皇家大学

Faculty of Humanities and Social Sciences

人文与社会科学学院

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มหาวิทยาลัยราชภัฏนครปฐม
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Course code: 2950404

Course name: ภาษาจีนสำหรับการบริการเชิงสุขภาพ

Chinese for Wellness Service

健康服务汉语

Jiànkāng Fúwù Hànyǔ

Teacher: Aj. Dr. Shēn Yè 申烨

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课程介绍
Course Introduce

Upon completing the program, students will be able to apply their knowledge of Chinese learned in this course to work in the entire Wellness Service, or business, as well as other relevant industry sectors.

第六课课程介绍
Introduce for Lesson 6

- ## Part 1: Text study

- In this course, I will introduce the basic knowledge about how to ask about the customer's recent health condition. Then I will explanation the meaning and details of all new vocabularies, 1 conversation with some important sentences, and the language points, pronunciation point and culture point in this course. And I will tell you about guiding for the guests in Chinese and Thai language.

- ## Part 2: Exercises

➢ Pleases try to do the exercise in the back of the text.

➢ Pleases remember the words and sentences about Chinese for Wellness Service.

NOW
LET'S BEGINNING STUDY
LESSON 6

Dì liù kè Zuìjìn yídìng láolèi guòdù ba?
第六课 最近一定劳累过度吧?
Lesson 6 You must have been overworked recently!

New words
生词

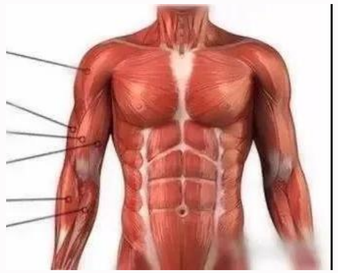
Conversation
课文对话

Language points
语言点

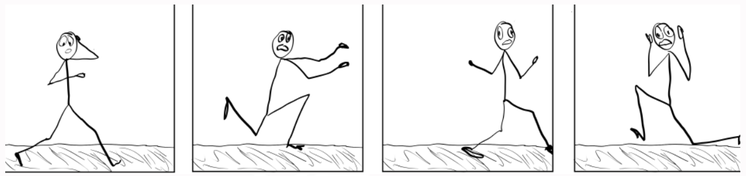
Pronounce
语音知识

Exercises
练习

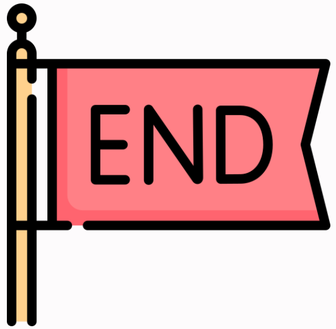
New Vocabularies 生词



肌肉	jīròu	muscle
僵硬	jiāngyìng	stiff
最近	zuìjìn	recent
一定	yídìng	must be
劳累	láolèi	Tired
过度	guòdù	over
一直	yìzhí	always
东奔西走	dōngbēnxīzǒu	running around
确实	quèshí	really
挺……的	tǐng……de	quite...



New Vocabularies 生词



累	lèi	tired
尤其	yóuqí	Especially
肩膀	jiānbǎng	shoulder
腰部	yāobù	waist
得	děi	have to
多	duō	many
按	àn	press
结束	jiéshù	finish

Conversation
会话 huìhuà

Ànmó shī： Nǚshì，nín de jīròu hěn jiāng yìng，zuìjìn yídìng láolèi guòdù ba!
按摩师： 女士，您的肌肉很僵硬，最近一定劳累过度吧!
Chén nǚshì ：Shì a，zuìjìn yìzhí chūqù wánr，měitiān dōngbēnxīzǒu，quèshí shì tǐng lèi de。
陈女士： 是啊，最近一直出去玩儿，每天东奔西走，确实是挺累的。
Ànmó shī：Yóuqí shì jiānbǎng hé yāobù， děi duō àn yíhuìr。
按摩师： 尤其是肩膀和腰部，得多按一会儿。
Chén nǚshì ：Xíng，nǐ bāng wǒ duō àn yíxià，wǒ shuì yíhuìr。
陈女士： 行，你帮我多按一下，我睡一会儿。
Ànmó shī：Hǎo de，jiéshù le wǒ jiào nín。
按摩师： 好的，结束了我叫您。

Language Points
语言点 yǔyán diǎn

1. Nǚshì， nín de jīròu hěn jiāng yìng， zuìjìn yídìng láolèi guòdù ba!
女士，您的肌肉很僵硬，最近一定劳累过度吧！
(Ma'am, your muscles are stiff. You must have been overworked recently!)

Zuìjìn yídìng láolèi guòdù ba!
最近一定劳累过度吧！

The sentence is used to describe someone's health or mental state. It can also be expressed in other descriptive terms.

Eg.:
Zuìjìn yídìng hěn lèi ba!
最近一定很累吧！ It must be exhausting recently!
Zuìjìn yídìng hěn máng ba!
最近一定很忙吧！ It must be very busy recently!

2. Shì a，zuìjìn yìzhí chūqù wánr，měitiān dōngbēnxīzǒu，quèshí shì tǐng lèi de。
是啊，最近一直出去玩儿，每天东奔西走，确实是挺累的。
(Yeah, I have been going out to play recently and travelling around every day, which is indeed quite tiring.)

2.1 zuìjìn yìzhí chūqù wánr 最近一直出去玩儿

The sentence is used to express describe things and states that have been done regularly recently, such as:

Zuìjìn yìzhí qù lǚyóu。
最近一直去旅游。　　I've been travelling recently.
Zuìjìn yìzhí xué Hànyǔ。
最近一直学汉语。　　I've been learning Chinese recently.

2.2 měitiān dōngbēnxīzǒu 每天东奔西走

The phrase means to go to many places every day and is used to describe a very busy or tired state.

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2. Shì a，zuìjìn yìzhí chūqù wánr，měitiān dōngbēnxīzǒu，quèshí shì tǐng lèi de。
是啊，最近一直出去玩儿，每天东奔西走，确实是挺累的。
(Yeah, I have been going out to play recently and travelling around every day, which is indeed quite tiring.)

2.3 quèshí shì tǐng lèi de 确实是挺累的

This sentence is used to confirm a state or situation to someone, such as:

quèshí shì tǐng + Adj. + de

quèshí shì tǐng máng de
确实是挺忙的　　It is indeed quite busy

quèshí shì tǐng shūfu de
确实是挺舒服的　　It is indeed quite comfortable

quèshí shì tǐng hǎo de
确实是挺好的　　It is indeed quite good

3. Yóuqí shì jiānbǎng hé yāobù， děi duō àn yíhuìr。
尤其是肩膀和腰部，得多按一会儿。
(Especially the shoulders and lower back have to be pressed for a while.)

3.1 yóuqí shì……尤其是……

The phrase is used at the beginning of a sentence to indicate emphasis on a particularly salient item.

3.2 děi duō àn yíhuìr 得多按一会儿

děi 得……

The word is used here as an adverb before a verb to indicate that something needs to be done or should be done. Such as:

děi duō + V. + yíhuìr

děi duō wán yíhuìr

得多玩一会儿 have to play a little more

děi duō xué yíhuìr

得多学一会儿 have to learn more

4. Xíng，nǐ bāng wǒ duō àn yíxià，wǒ shuì yíhuìr。
行，你帮我多按一下，我睡一会儿。
(OK, you help me to press more, I'll take a nap.)

This phrase is used to express agreement with the suggestions of others and to make specific requests of your own. The tone is polite.

5. Hǎo de，jiéshù le wǒ jiào nín。
好的，结束了我叫您。
(Okay, I'll call you when it's finished.)

V. + le + wǒ jiào nín

The sentence can be used to tell somebody that it will be called after finishing something, such as:

hǎo le wǒ jiào nǐ
好了我叫你 I will call you after finishing.

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1. Review

1.1 The Light Tone 轻声：

de 的
ba 吧
a 啊
le 了

1.2 “一”的变调The Tone Change of the characters “ yī ”

“一”在去声（51）前，必须变为阳平（35）。When “yī” is used in front of the fourth tone, the tone should be changed to the second tone(35).

“一”在阴平（55）、阳平（35）、上声（214）前，必须变为去声（51）前。When “yī” is used in front of the first tone, second tone and third tone, the tone should be changed to the fourth tone(51).

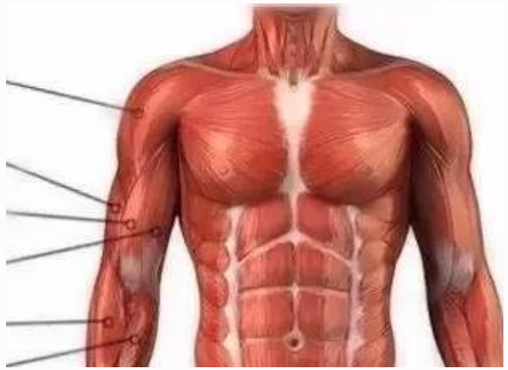
一下 yí xià
一会儿 yí huìr
一定 yí dìng

yì zhí 一直

NOW
LET'S BEGINNING STUDY
PART 2 —— EXERCISES.

Exercises 练习

一、看图猜词。 Guess the word from a picture.



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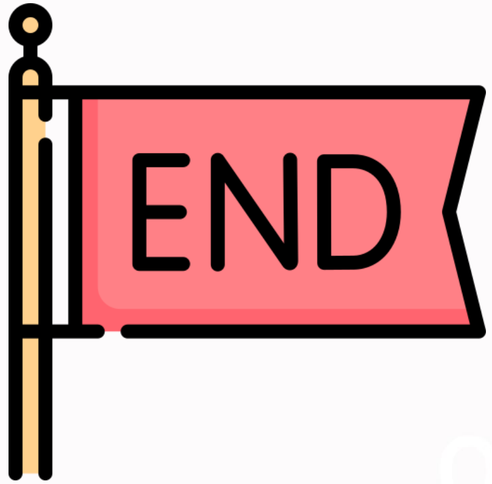
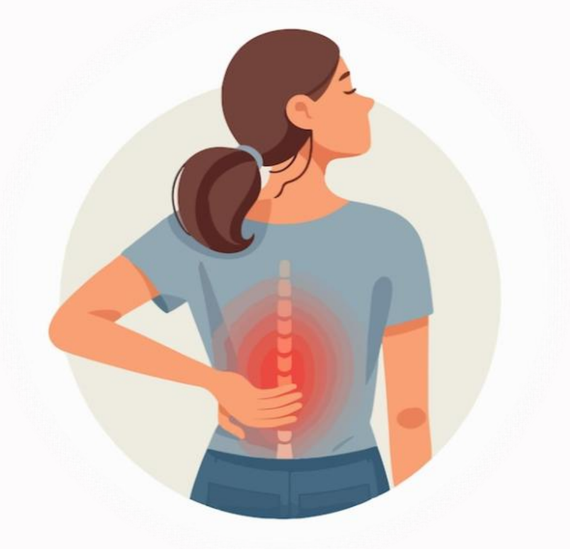
Exercises 练习

一、看图猜词。 Guess the word from a picture.





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Exercises 练习

二、选择正确的句子，完成对话。 Choose the correct sentences and complete the dialog.

a. měitiān dōngbēnxīzǒu	每天东奔西走
b. zuìjìn yídìng láolèi guòdù ba	最近一定劳累过度吧
c. jiéshù le wǒ jiào nín	结束了我叫您
d. děi duō àn yíhuìr	得多按一会儿

Ànmó shī： Nǚshì ， nín de jīròu hěn jiāng yìng，（ ）！

按摩师： 女士，您的肌肉很僵硬，（ 1 ）！

Chén nǚshì ：Shì a，zuìjìn yìzhí chūqù wánr，（ ），quèshí shì tǐng lèi de。

陈女士： 是啊，最近一直出去玩儿，（ 2 ），确实是挺累的。

Ànmó shī：Yóuqí shì jiānbǎng hé yāobù，（ ）。

按摩师： 尤其是肩膀和腰部，（ 3 ）。

Chén nǚshì ：Xíng，nǐ bāng wǒ duō àn yíxià，wǒ shuì yíhuìr。

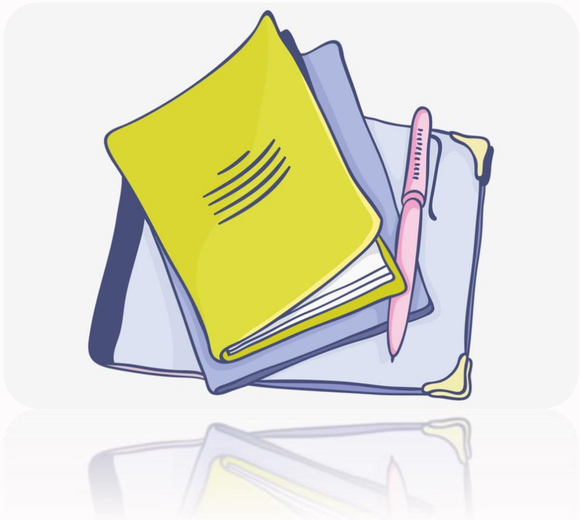
陈女士： 行，你帮我多按一下，我睡一会儿。

Ànmó shī：Hǎo de，（ ）。

按摩师： 好的，（ 4 ）。

Exercises 练习

三、用本文所学句子完成任务。 Finish the task with the sentences learned in this article.



Try using Chinese to ask about the cu ecent health condition.

试着运用汉语询问客人最近的健

总结 Summary

After studying this lesson, we know the basic knowledge about how to ask about the customer's recent health condition.

And know the meaning and details of new vocabularies, 1 conversation with sentences, and the language points, pronunciation point and culture point in this course. The different ways to introduce the promotion of things between Chinese and Thai language also was introduced. Wish you can apply your knowledge of Chinese learned in this course to work in the entire Wellness Service, or business, as well as other relevant industry sectors.

感谢观看

THANKS FOR THE ATTENTION.