



Unit 9

Cause and Effect Texts

Please scan the QR-code for the pre-test.



Objectives of the unit 9

After the lesson, students are expected to:

1. identify the meanings of essential vocabulary;
2. explain key details for reading comprehension;
3. identify the cause and effect texts and discourse markers;
4. complete reading exercises and post-reading activities.



Pre-reading activity



Pre-reading activity

Instructions: Look at the photos below and answer the questions.

Do you use social media?

Why do you use social media?



[Source : <https://stock.adobe.com/th/search?k=teens%20with%20social%20media>. 12/02/26]



Pre-reading activity

Instructions: Look at the photos below and answer the questions.



Do you think social media can affect self-confidence? How?
Have you ever felt sad after reading comments online?

[Source : <https://stock.adobe.com/th/search?k=teens%20with%20social%20media>. 12/02/26]



Essential Vocabulary



Essential Vocabulary

1. self-confidence
2. media
3. teenager
4. offline
5. stress
6. nervous



Crossword Game

Directions: Read the definitions below and complete the crossword puzzle.

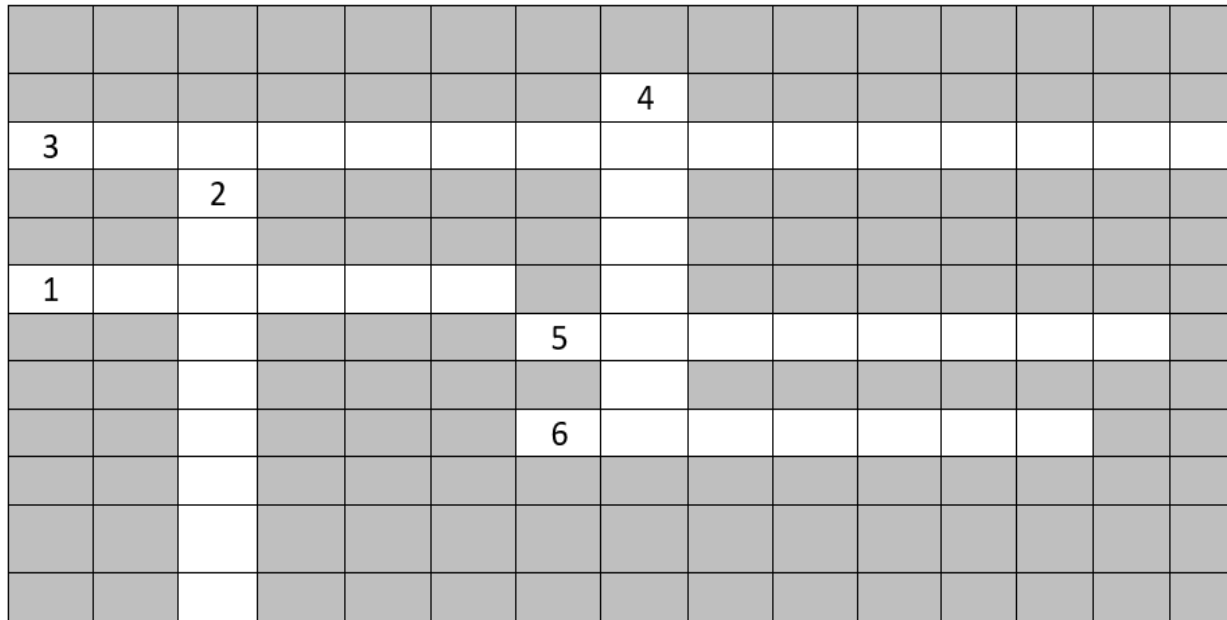
1. Ways to give information to many people, like TV, newspapers, or the Internet.
2. A young person between 13 and 19 years old.
3. Feeling sure about yourself and your own abilities.
4. Feeling worried, scared, or uneasy about something.
5. Not connected to the Internet.
6. A worried or unhappy feeling because you have too many problems.

Source: <https://gemini.google.com/app/ea4ee62bfa9315e9?hl=th>



Crossword Game

Directions: Read the definitions below and complete the crossword puzzle.





Let's check the answers.

Directions: Read the definitions below and complete the crossword puzzle.

							4							
3	s	e	l	f	c	o	n	f	i	d	e	n	c	e
		2					e							
		t					r							
1	m	e	d	i	a		v							
		e				5	o	f	f	i	n	e		
		n					u							
		a				6	s	t	r	e	s	s		
		g												
		e												
		r												



While-reading activity



While-reading activity

The Impact of Social Media on Daily Life

Many teenagers use social media every day because they want to connect with friends. However, social media can also cause problems with self-confidence. Some students feel sad because they compare their lives with perfect photos online. They think others are happier, so they feel worse about themselves. This happens because many posts show only good moments.

[<https://chatgpt.com/c/695a11b4-7b38-8322-9174-b941f1a99796>. 12/02/26]



While-reading activity

Paragraph 2

Some users receive rude comments, and as a result, they feel nervous or shy. Others spend too much time online due to fear of missing out. They sleep less and study less; thus, their grades drop. They stay up late due to late-night chatting, and as a result, they feel tired in class. Some forget homework due to long screen time; thus, teachers give lower scores.

[<https://chatgpt.com/c/695a11b4-7b38-8322-9174-b941f1a99796>. 12/02/26]



While-reading activity

Paragraph 3

Parents and teachers worry about these effects, therefore they try to guide students to use social media wisely. They give advice, therefore students learn to limit screen time. They plan offline activities, therefore students meet friends in real life. Students talk more with family, so they feel supported.

[<https://chatgpt.com/c/695a11b4-7b38-8322-9174-b941f1a99796>. 12/02/26]



While-reading activity

Paragraph 4

Social media is not always bad, but it can cause stress if we use it too much. Bad comments can also cause worry. When users take breaks, they feel calmer, so their confidence slowly returns. They learn to think carefully, thus they understand that online photos are not real life. Good habits help young people stay happy, as a result, they grow strong self-confidence.

[<https://chatgpt.com/c/695a11b4-7b38-8322-9174-b941f1a99796>. 12/02/26]



After reading exercise

1. What is the main idea of the passage?
 - a) Social media teaches students new skills.
 - b) Social media can affect self-confidence in good and bad ways.
 - c) Teenagers should stop using phones completely.
 - d) Schools must ban the Internet.



After reading exercise

2. What is the main point of paragraph 2?

- a) Social media helps students sleep better and be relax.
- b) Bad comments and too much online time lead to stress and poor grades.
- c) Teachers give more homework online to help students learn.
- d) Students become famous online after using it for a while.



After reading exercise

3. Social media can cause problems with_____.

- a) their health insurance and medical costs
- b) their homework time and class schedule
- c) their self-confidence and feelings about themselves
- d) their sport skills and game performance



After reading exercise

4. How do rude comments on social media usually affect students?

- a). They feel excited and happy.
- b). They feel famous and popular.
- c). They feel rich and successful.
- d). They feel nervous and uncomfortable.



After reading exercise

5. What does the sentence “*When users take breaks, they feel calmer, so their confidence slowly returns.*” mean?

- a) Short rests help people relax and build their self-belief again.
- b) Pauses make people lose contact with their close friends.
- c) Time away increases stress and creates more anxiety.
- d) Stepping back leads people to spend more time online later.



After reading exercise

6. What is the result of sleeping less?

- a) They gain better grades.
- b) They will be tired in the classroom.
- c) They may have more free time.
- d) They can meet more friends online.



After reading exercise

7. What happens when students limit screen time?

- a) They feel more stressed.
- b) They learn nothing much from it.
- c) They use social media more than usual.
- d) They learn better about online habits.



After reading exercise

1. What is the main idea of the passage?

- a) Social media teaches students new skills.
- b) Social media can affect self-confidence in good and bad ways.**
- c) Teenagers should stop using phones completely.
- d) Schools must ban the Internet.

Answer : b



After reading exercise

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- b) Bad comments and too much online time lead to stress and poor grades.**
- c) Teachers give more homework online to help students learn.
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Answer : b



After reading exercise

3. Social media can cause problems with_____.

- a) their health insurance and medical costs
- b) their homework time and class schedule
- c) their self-confidence and feelings about themselves**
- d) their sport skills and game performance

Answer : c



After reading exercise

4. How do rude comments on social media usually affect students?

- a). They feel excited and happy.
- b). They feel famous and popular.
- c). They feel rich and successful.
- d). They feel nervous and uncomfortable.**

Answer : d



After reading exercise

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- b) Pauses make people lose contact with their close friends.
- c) Time away increases stress and creates more anxiety.
- d) Stepping back leads people to spend more time online later.

Answer : a



After reading exercise

6. What is the result of sleeping less?

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- b) They will be tired in the classroom.**
- c) They may have more free time.
- d) They can meet more friends online.

Answer : b



After reading exercise

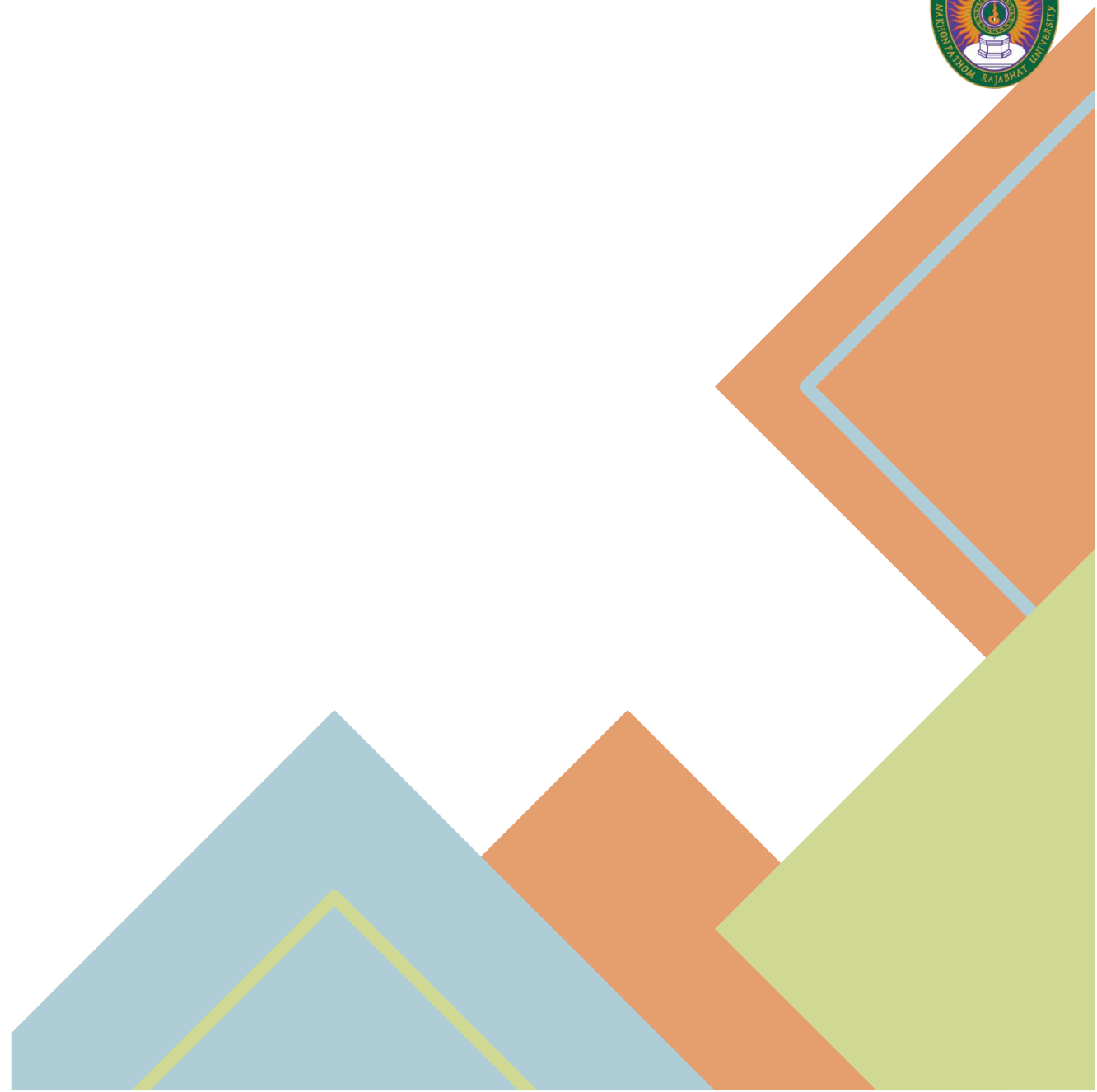
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- a) They feel more stressed.
- b) They learn nothing much from it.
- c) They use social media more than usual.
- d) They learn better about online habits.**

Answer : d



Post-reading activity





Mini Writing Task

- **Instructions:**

Create three 30-word mottos about the benefits and problems of internet use. Include both positive and negative ideas in each motto.

What is a motto?

A motto is a **short sentence** that shows what a person or group believes.

👉 It is like a **short rule or idea** to remember.

Examples

- A student's motto: "*Study hard, dream big.*"
- A school motto: "*Learn today, lead tomorrow.*"



A sample of writing task

- ❑ *The Internet helps us learn and make friends, but too much time online takes time and hurts sleep. **Use it with care.***
- ❑ *Online tools help learning and sharing ideas, but too much scrolling makes stress and less study time. **Use the Internet wisely.***
- ❑ *Use the Internet to learn and talk with friends, but avoid late nights and bad comments. **Limit screen time every day.***



Reading Strategy Practice: Descriptive Texts



What is a cause and effect text?

Cause & Effect Texts

A cause and effect text is a type of structure that explain readers the reasons and causes of something. It is why something happens and the consequence of it. It helps readers see clearer picture of the relationship of events, ideas, or actions.



Key Features of Cause & Effect Texts

Explaining reasons and results

- It shows what caused a situation and what happened next.

For example:

- Many students feel stressed because they have too much homework, so they cannot relax at night.

👉 Reason = too much homework

👉 Result = cannot relax



Key Features of Cause & Effect Texts

Using a signal word (discourse markers)

- It provides cause words like *because, since, due to, as a result of.*
- The effect words can be included like *so, therefore, thus, consequently, and as a result.*

For example:

- People spend long hours on social media; *as a result*, they often lose focus on their studies.



Reason = spend long hours on social media



Result = lose focus



Key Features of Cause & Effect Texts

Appearing in different patterns

- One cause → one effect
- One cause → many effect
- Many causes → one effect
- Chain reaction (effect becomes a new cause)

For example: One cause → one effect

- **Since** many people drink coffee late at night, they have trouble falling asleep.

👉 Reason = drink coffee late

👉 Result = trouble sleeping



Key Features of Cause & Effect Texts

Appearing in different patterns

- One cause → one effect
- One cause → many effect
- Many causes → one effect
- Chain reaction (effect becomes a new cause)

For example: One cause → many effects

- **Because** students use their phones late at night, they sleep less, feel tired in class, and lose concentration.



Cause = use phones late



Effects = sleep less / feel tired / lose concentration



Key Features of Cause & Effect Texts

Appearing in different patterns

- One cause → one effect
- One cause → many effect
- Many causes → one effect
- Chain reaction (effect becomes a new cause)

For example: Many causes → one effect

- **Because of** long working hours, heavy homework, and too much screen time, many people suffer from poor sleep.



Causes = long hours / heavy homework / screen time



Effect = poor sleep



Key Features of Cause & Effect Texts

Appearing in different patterns

- One cause → one effect
- One cause → many effect
- Many causes → one effect
- Chain reaction (effect becomes a new cause)

For example: Chain reaction → a new cause

- Heavy rain flooded the roads; therefore, traffic stopped, and this delay caused workers to arrive late and lose pay.

👉 Cause 1 = heavy rain

👉 Effect → New cause = traffic stopped → workers late → lose pay



Cause and Effect Texts

Passage A.

Many road accidents happen because drivers use their phones while driving. They cannot watch the road carefully, so they miss traffic lights. Some people drive too fast since they are late for work. Because of this behavior, they cannot stop in time. One car may hit another, and as a result, people get hurt and cars are damaged. Roads become blocked, therefore other drivers arrive late. Accidents also happen because roads are wet after rain. Drivers should slow down, follow traffic rules, and stay alert because safety is everyone's responsibility on busy streets.

Source : <https://chatgpt.com/c/69900aa9-9b00-8322-960b-d68da68f48d3>. 12/02/26



Causes & effects of the paragraph A

1. Drivers use their phones while driving, **so** they cannot watch the road carefully.
2. Drivers miss traffic lights **because** they are not paying attention.
3. Some people drive too fast **since** they are late for work.
4. Drivers cannot stop in time **because of** this risky behavior.
5. One car hits another, **and as a result**, people get hurt and cars are damaged.
6. Roads become blocked, **therefore** other drivers arrive late.
7. Roads are wet after rain, **so** accidents happen more easily.
8. Drivers stay alert and follow rules, **therefore** accidents can be reduced.



Causes & effects of the paragraph A

	Causes	Discourse markers	Effects
1	Drivers use their phones while driving,	so	they cannot watch the road carefully.
2	Drivers miss traffic lights	because	they are not paying attention.
3	Some people drive too fast	since	they are late for work.
4	Drivers cannot stop in time	because of	this risky behavior.
5	One car hits another,	and as a result,	people get hurt and cars are damaged.
6	Roads become blocked,	therefore	other drivers arrive late.
7	Roads are wet after rain,	so	accidents happen more easily.
8	Drivers stay alert and follow rules,	therefore	accidents can be reduced.



Cause & Effect Texts

Passage B.

Insomnia is a common sleep problem that can cause serious health issues. Many adults lie awake at night because of stress from work and family. Others cannot sleep due to too much screen time before bed. The brain stays active; thus, the body does not relax. Sleep quality becomes poor, and consequently people feel tired and unfocused during the day. Owing to long-term insomnia, memory and mood may worsen. Some drink coffee late, so they delay sleep even more. Doctors advise regular routines, less caffeine, and quiet bedrooms to improve sleep. With better habits, many patients slowly regain healthy rest.

Source : <https://chatgpt.com/c/69900aa9-9b00-8322-960b-d68da68f48d3>. 12/02/26



Causes & effects of the paragraph B

1. Stress from work and family keeps adults awake **because of** worry.
2. People cannot sleep **due to** too much screen time before bed.
3. The brain stays active; **thus**, the body does not relax.
4. Sleep quality becomes poor, **and consequently**, people feel tired and unfocused.
5. **Owing to** long-term insomnia, memory and mood may worsen.
6. Some people drink coffee late, **so** they delay sleep even more.
7. Insomnia can **cause** serious health problems, **therefore** doctors give advice.
8. Patients follow better habits, **and as a result**, they regain healthy rest.



Causes & effects of the paragraph B

	Causes	Discourse markers	Effects
1	worry.	because of	Stress from work and family keeps adults awake
2	too much screen time before bed.	due to	People cannot sleep
3	The brain stays active;	thus,	the body does not relax.
4	Sleep quality becomes poor,	and consequently,	people feel tired and unfocused.
5	long-term insomnia,	Owing to	memory and mood may worsen.
6	Some people drink coffee late,	so	they delay sleep even more.
7	Insomnia can,	cause	serious health problems,
		therefore	doctors give advice.
8	Patients follow better habits,	and as a result,	they regain healthy rest.



**Practicing : find the structure of
descriptive texts**



Instructions: *Read the passage below and find out the structures of cause & effect texts.*

Paragraph 1

War often brings many problems. Since cities are destroyed, people lose their homes and schools. Due to food shortages, families become weak and hungry. Soldiers leave their jobs; therefore, the economy becomes slow. Many children stop studying; thus, their future chances are limited. Hospitals are damaged; as a result, sick people cannot get proper care. Communities lose trust, and in consequence, fear and sadness spread among citizens.

[<https://chatgpt.com/c/6993e09d-cfb4-8324-94e6-2599cbddfb2a.12/02/26>]



Instructions: *Read the passage below and find out the structures of cause & effect texts.*

Paragraph 1

War often brings many problems. **Since** cities are destroyed, people lose their homes and schools. **Due to** food shortages, families become weak and hungry. Soldiers leave their jobs; **therefore**, the economy becomes slow. Many children stop studying; **thus**, their future chances are limited. Hospitals are damaged; **as a result**, sick people cannot get proper care. Communities lose trust, and **in consequence**, fear and sadness spread among citizens.

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Answer key

Causes → **Effects**

1. **Since cities are destroyed**, people lose their homes and schools.
👉 Marker = **Since** (+cause)
2. **Due to food shortages**, families become weak and hungry.
👉 Marker = **Due to** (+cause)
3. **Soldiers leave their jobs; therefore**, the economy becomes slow.
👉 Marker = **Therefore** (+effect)
4. **Many children stop studying; thus**, their future chances are limited.
👉 Marker = **Thus** (+effect)



Answer key

Causes → **Effects**

4. **Hospitals are damaged**; **as a result**, sick people cannot get proper care.
👉 Marker = **As a result** (+effect)
5. **Communities lose trust**, and **in consequence**, fear and sadness spread among citizens.
👉 Marker = **In consequence** (+effect)
6. **Peace education and international help are needed** **so** people can heal and live safely again.
👉 Marker = **So** (+result)



Let's do the post-test!



Post-test

1. What is a cause and effect text?
 - a) A story about fulfilling dreams.
 - b) A text that explains reasons and results.
 - c) A poem that drives imagination.
 - d) To persuade readers to rethink carefully.



Post-test

2. What is a “cause”?

- a) It is a result that happens later.
- b) It is a feeling of the main character.
- c) It is a reasons something happens.
- d) It is an example of behaviors.



Post-test

3. What is an “effect”?

- a) It is an evidence that appear on the text.
- b) It introduces a pattern to describe things.
- c) It is the result of several factors.
- d) It is a major reason of events.



Post-test

4. Which sentence shows cause effect?

- a) I have always liked apples for their crisp taste and freshness.
- b) It rained heavily, so the game was ultimately canceled.
- c) She has a blue pen that she carried with her every day.
- d) They went home yesterday after finishing their tasks.



Post-test

5. Which discourse marker show effect?

- a) However
- b) Nevertheless
- c) Owing to
- d) Consequently



Post-test

6. Which discourse marker is used for showing a cause?

- a) Suddenly
- b) As soon as
- c) As well as
- d) Due to



Post-test

7. What is the main purpose of cause and effect writing?

- a) To describe personal feelings and emotions only.
- b) To explain why something happens and what follows.
- c) To tell simple jokes for entertainment purposes.
- d) To list names in a clear and organized way.



Post-test

1. What is a cause and effect text?
 - a) A story about fulfilling dreams.
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Answer : b



Post-test

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- b) Nevertheless
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Answer: b



End of the unit 9

- For more practices, please scan the QR code!